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**A 2 million year hydroclimatic context for hominin evolution in
southeastern Africa**

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Abstract

The past two million years of eastern African climate evolution is poorly constrained despite its assumed role in early human evolution¹⁻⁴. Rare paleoclimate records from northeastern Africa suggest progressively drier conditions^{2,5} or a stable hydroclimate⁶. In contrast, the only long records from Lake Malawi in tropical southeastern Africa revealed a trend towards a progressively wetter climate over the last 1.3 Ma^{7,8}. The climatic forcings that controlled these past hydrological changes are also a matter of debate. Some studies suggest a dominant local insolation forcing on hydrological changes⁹⁻¹¹ whereas others infer a potential influence of sea surface temperature (SST) changes in the Indian Ocean^{8,12,13}. We present a multi-proxy reconstruction of hydrological changes in the Limpopo River catchment of southeastern Africa (20-25°S), in conjunction with a SST reconstruction in the southwestern Indian ocean over the past 2.14 Ma. Here, we show that hydroclimate in the region is controlled by an interplay between low latitude insolation forcing (precession and eccentricity) and high latitude ice volume changes. The long-term aridification in the Limpopo catchment between around 1 Ma and 0.6 Ma is opposite to the hydroclimatic evolution at Lake Malawi and seems related to equatorward contraction of the rainbelt in response to increased ice volume at high latitudes. By impacting local terrestrial ecosystems, the observed hydroclimate changes in southeastern Africa both in terms of long-term state and marked precessional variability could have played a role in early hominin evolution, particularly in the extinction of the species *Paranthropus robustus*.

Subtropical southeastern Africa is a region of critical interest because it bears hominin fossils, enabling a comparison between continental indicators of hominin evolution and nearby marine records of past climate changes. Different modes of climate change have been proposed as major factors influencing hominin speciation, adaptation, or extinction. Some authors stress the impact of long-term trends toward aridity on hominin evolution^{1,2} whereas others suggest a crucial role of short periods of extreme climatic variability in driving hominin evolution^{3,4}.

Paranthropus robustus fossils have been found only in southeastern Africa and exclusively in the Limpopo River catchment (sites of Cooper's D, Drimolen, Swartkrans, Sterkfontein, Kromdraai B and Gondolin) (Fig. 1) from at least ~2 Ma to 0.9 Ma (Extended Data Table 1). It is unclear whether climate stress could have played a role in its extinction.

To investigate the hydroclimatic context of the environment *P. robustus* lived in, we reconstructed Quaternary hydrological cycle changes in subtropical southeastern Africa (20-25°S) to determine the drivers of variability and to identify the long-term climate evolution of this region. We used marine sediment core MD96-2048 (26°10'482''S, 34°01'148''E, 660 m water depth) from offshore the Limpopo River (Fig. 1). The chronology of MD96-2048 is established by tuning the $\delta^{18}\text{O}$ benthic foraminifera signal to the reference LR04 stack (Fig. 2) (Methods), confirming that the core covers the last 2.14 Ma. We present a multi-proxy record of hydrological changes in the Limpopo catchment together with a sea surface temperature record of the southwestern Indian Ocean (Fig. 2).

Modern precipitation in the Limpopo catchment is dominated by austral summer rainfall associated with the Intertropical Convergence Zone (ITCZ) extending southwards to 15-20°S (Fig. 1). Changes in the hydrological cycle in the catchment are imprinted on Limpopo river discharge. We observe large changes in terrestrial (Fe) versus marine (Ca) sedimentary

elemental ratios, indicating changes in terrestrial discharge by the Limpopo River, at orbital and longer timescales (Fig. 2, Extended Data Fig. 1). Maxima in $\ln(\text{Fe}/\text{Ca})$ ratios are associated with a more depleted stable hydrogen isotope composition of plant waxes ($\delta\text{D}_{\text{wax}}$) (Fig. 2), which reflect the isotopic composition of precipitation and are indicative of higher regional rainfall amount^{10,12,14} (Extended Data Fig. 2) (Methods). Maxima in $\ln(\text{Fe}/\text{Ca})$ ratios are also associated with maxima in brGDGT concentrations (commonly found in soils and attributed to Limpopo River runoff¹⁵) and more enriched plant wax $\delta^{13}\text{C}$. A previous study on core MD96-2048 over the last 0.8 Ma interpreted shifts towards more depleted $\delta^{13}\text{C}_{\text{wax}}$ as potentially reflecting more humid conditions¹⁶. However, $\delta^{13}\text{C}_{\text{wax}}$ is a proxy for the contribution of waxes from C_3 versus C_4 plants to the sediments, which can be influenced by many other factors than aridity/humidity. We attribute the enriched plant $\delta^{13}\text{C}_{\text{wax}}$ at times of depleted $\delta\text{D}_{\text{wax}}$ values, increase $\ln(\text{Fe}/\text{Ca})$ and brGDGT concentration to stronger transport of C_4 plant material from the upper Limpopo catchment in addition to the extension of riverine swamps and floodplains harboring abundant C_4 sedges (Fig. 2, Extended Data Figs. 3 and 4). The $\ln(\text{Fe}/\text{Ca})$ ratio has the highest temporal resolution (300 years on average) of the proxies employed here. Statistical analyses indicate significant 19 and 23 kyr cycles (precession) and 100 kyr and 400 kyr cycles (eccentricity) but no significant 41 kyr cycle (obliquity) (Extended Data Figs. 5). The dominance of eccentricity and precession cycles indicates a strong influence of low-latitude insolation on hydrological changes in the Limpopo catchment. Rainfall and precession maxima are in phase (i.e. maxima of local insolation in the southern hemisphere) (Extended Data Figs. 3, 5).

Modern-day rainfall in the subtropical Limpopo region mostly depends on easterly waves and low-pressure cells largely controlling summer rainfall (November to March, 72 % of the rainfall in Pretoria; Extended Data Fig. 2), and on tropical-extratropical cloud bands and associated thunderstorms¹⁷. The convective rains are usually associated with the ITCZ and warm, humid easterly winds¹⁷. Numerical model experiments suggest southern summer insolation forcing exerts a strong and positive effect on monsoon rainfall^{11,18}. During precession maxima, higher southern hemisphere summer insolation causes higher temperatures and lower surface pressure over the southern hemisphere, in particular over land¹¹. The land/ocean temperature contrast results in stronger easterly moisture inflow onto southeastern Africa. Increased rainfall results from increased convection over and increased humidity transport onto southeastern Africa¹¹. Because eccentricity modulates precession amplitudes, increased summer insolation associated with eccentricity increases the variability in rainfall and fluvial discharge in the Limpopo catchment (Fig. 3).

In addition to this, it is thought that sea surface temperature anomalies in the Indian Ocean have an influence on summer rainfall in the region¹⁹. To explore the potential relationship between hydrological cycle changes and oceanic conditions, SSTs in the southwestern Indian Ocean were reconstructed using two different methods (Methods, Extended Data Fig. 6). There is a significant correlation between SST and orbital parameters at the 100 kyr cycle (glacial-interglacial periodicity) and the 41 kyr cycle (obliquity) (Extended Data Fig. 5). The results confirm a previous study revealing the absence of significant precessional variability in the SST record over the last 800 kyr¹⁵. This suggests that orbital-scale precipitation changes in southeastern Africa are more closely related to the land/ocean temperature contrast than to SST changes.

Superimposed on the orbital-scale changes, our record displays a long-term trend towards more arid conditions in southeastern Africa between ~1 Ma and ~0.6 Ma (Figs. 2, 3b-c). This period corresponds to the Mid-Pleistocene Transition (MPT), which is marked by ice-sheet expansion and global SST decrease²⁰ (Fig. 2). In terms of hydrological changes, the record from Lake Malawi covering the last 1.3 Ma has been interpreted to show opposite changes to those we observe for the Limpopo catchment. At Lake Malawi, the climate changed from a

predominantly arid environment between 1.3 and ~1 Ma to generally wetter conditions after ~1 Ma^{7,8}. This opposing pattern in hydrological changes between the Limpopo catchment and Lake Malawi suggests a gradual contraction of tropical rainfall from the Limpopo catchment towards lower latitudes in response to the ice sheet expansion during the MPT. This rainfall shift could be related to increased Antarctic ice volume during the MPT^{21,22}.

The long-term trend towards wetter conditions at Lake Malawi has been explained by a progressively less positive Indian Ocean Dipole (IOD) since ~1 Ma. The IOD can enhance or reduce the precessional variability in low-latitude hydroclimate by modifying the Walker circulation over the Indian Ocean with a diverse response in eastern Africa²³. A progressively less positive IOD would have generated wetter conditions in southern Africa and increased the precession signal. Whilst the precessional signal increased over time at Limpopo, the observed progressive increase in aridity is contrary to what would be expected with IOD forcing alone (Fig. 3).

Based on our new records and comparison with Lake Malawi published records in eastern Africa we propose that low latitude insolation forcing (precession and eccentricity) and high latitude ice volume changes were the main driver of southeastern African hydroclimate over the last 2 Ma with SST forcing playing a secondary role. Results also highlight a large regional variability in southeastern African hydroclimate.

Hydrological cycle changes in southeastern Africa were likely one of the multiple factors influencing the dispersal and evolution of human relatives^{2,4}. The more humid conditions observed between ~2 Ma and 1.75 Ma associated with a maximum in eccentricity forcing correspond to several occurrences of *P. robustus* (Fig. 3, Extended Data Table 1). *Paranthropus robustus* is a species that was overall ecologically variable (eurytopic) but multiple lines of evidence suggest that, from its earliest to its last occurrence, it preferred the C₃ wooded or humid components of environments that were otherwise dominated by C₄ dry-adapted plants. This preference for habitats dominated by C₃ plants, either in woodlands or in humid environments, is well corroborated by the data gained from the paleoecological studies of other contemporaneous animals, indicating large quantities of C₄ vegetation available, but always with a more wooded component and a water source available nearby (Fig. 3B, Extended Data Table 2, Methods)²⁴. Interestingly, this more humid period between ~2 Ma and 1.75 Ma is also characterized by the presence of *Australopithecus sediba* in the Limpopo catchment (so far known only at the Malapa site)²⁵. Multiple lines of evidence similarly suggest the latter lived in a wooded or humid habitat and had a diet dominated by C₃ plants within an otherwise rather open environment dominated by C₄ plants²⁵.

Our new data raise the possibility that increasing long-term aridity associated to multi-millennial-scale changes after 1 Ma driven by the MPT (Fig. 3b-d) could have diminished the wooded and/or humid component of the habitat preferred by *P. robustus*. This is in accordance with a trend towards more open and drier landscapes at Swartkrans (Fig. 3B, Extended Data Table 2, Methods).

It has been proposed that extinctions of large mammals are mainly caused by abiotic environmental changes²⁶. As a speculative but plausible scenario we propose that the geographic ranges of species preferring wooded and humid habitats, including *P. robustus*, would have contracted and expanded following the precessional (~21 kyr) dry and wet cycles. During the multi-millennial dry periods, the range of populations of those species would have contracted and often become fragmented. These isolated populations would have been especially prone to local extinction through lack of sufficient suitable food, water, and shelters, and related increased competition and predation. During multi-millennial wet periods associated with precessional maxima, preferred woodland and humid habitats would have expanded again. The surviving populations would have thrived again and expanded into their previously occupied range, replacing locally extinct populations. The long-term trend to

increased aridity implies that the dry periods became more and more pronounced between 1 Ma and 0.6 Ma (Figs. 3b and 3d), increasing the likelihood for more numerous extinctions of local populations, until the extinction of the last remaining population, and therefore of the species²⁷. Given that the C₃ component of the vegetation preferred by *P. robustus* was never dominant in the landscapes, even during humid periods, its populations would have been especially prone to local extinction during dry periods. Both the long-term aridification state and the extreme precessional hydroclimate variability (Fig. 3) could thus have contributed to the extinction of *P. robustus*.

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Supplementary Information is linked to the online version of the paper at
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Author contributions: T.C. designed the study. T.C., T.E., M.W., and P-Y.G performed the Mg/Ca measurements. L.R. analysed the foraminifera assemblages and T.C. and F.E. analysed the results and performed the transfer function. T.C., T.E., B.M. and K.C performed the $\delta^{18}\text{O}$ analyses on foraminifera. T.C., J.G., P.M. and I.B performed the XRF measurements and F.J.J-E and C.G-C. conducted the statistical analyses on XRF. J.A.C. and E.S. performed plant-wax δD and $\delta^{13}\text{C}$ analyses. L.D. performed the pollen analysis. A.S. and T.C. produced the synthesis on the ecology and environments of South African hominins and conducted the comparisons to the marine record. T.C. and D.M.R. performed and analysed the iLOVECLIM model results. T.C. analysed the results and all authors participated in the interpretation. T.C. wrote the manuscript with contributions from all authors.

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Figure legends

Figure 1: Modern climatology over southern Africa and vegetation types in the Limpopo catchment. a) Averaged precipitation rates for January²⁸ and annual SST over the Indian Ocean²⁹. Black arrows represent the atmospheric circulation over southern Africa during austral summer. The Intertropical Convergence Zone (ITCZ) and the Congo Air Boundary (CAB) are indicated. b) Modelled relative C₄ plant abundance in the Limpopo catchment³⁰ with indications of topography and bathymetry. Location of core MD96-2048, the Lake Malawi records, the main sites of hominin finds for *Paranthropus robustus* (sites of Cooper's D, Drimolen, Swartkrans, Sterkfontein, Kromdraai B and Gondolin) and *Australopithecus sediba* (Malapa) (Extended Data Table 1) and the Pretoria GNIP station are indicated.

Figure 2: Hydrological changes in the Limpopo catchment compared to sea surface temperatures of the southwestern Indian Ocean over the last 2.14 Ma. a) δD of the *n*-C₃₁ alkane of plant waxes. Mean analytical uncertainty of 3 ‰ is indicated. b) $\delta^{13}C$ of the *n*-C₃₁ alkane of plant waxes (from Castaneda et al.¹⁶ in light green and this study in dark green). Mean analytical uncertainties of 0.2 ‰ and 0.4 ‰¹⁶ are indicated. c) Pollen percentages of Cyperaceae (data of the last 342 kyr from Dupont et al.¹³). Error bars represent 95 % confidence intervals. d) $\ln(Fe/Ca)$ XRF ratios. Arrow indicates the long-term trend discussed in the text. Grey frames represent events of hydrological cycle intensification. e) Principal component of the SST records (Methods). f) $\delta^{18}O$ of benthic foraminifera compared to the reference LR04 curve (data of the last 790 kyr from Caley et al.¹⁵) (Methods). The Mid Pleistocene Transition (MPT) period is indicated.

Figure 3: Forcings on the hydrological cycle changes in the Limpopo catchment and relationship with hominin evolution over the last 2.14 Ma. A. a) Eccentricity and precession index³¹. b) $\ln(Fe/Ca)$ XRF ratios as a proxy of hydrological changes in the Limpopo catchment. Red curve denotes a polynomial fit (9th degree). The MPT and the associated ice-sheet expansion is indicated (orange shading)^{20,21}. Grey shading indicates wetter conditions in the Limpopo catchment associated with higher eccentricity. c) Cusum of $\ln(Fe/Ca)$ showing deviation from the mean as indicator of hydrological variability in the Limpopo catchment (Methods) (red curves correspond to dry periods, yellow curves to drying periods, dark blue curves to wet periods and light blue curves to humidification periods). d) Precession component of the $\ln(Fe/Ca)$ ratios obtained by Gaussian filtering. e) Estimated ages for the main sites that yielded remains of the hominin *Paranthropus robustus* (Cooper's D, Drimolen, Swartkrans and Gondolin) and *Australopithecus sediba* (Malapa) (Extended Data Table 1). B. Enamel $\delta^{13}C$ (‰ V-PDB) of hominins and contemporaneous herbivores at Swartkrans (Extended Data Table 2). Triangles indicate raw data points. The boxplots correspond to the median (horizontal line), the interquartile range (box), and the full range of data (vertical whiskers). Sample sizes are indicated in parentheses. Dash lines highlight the thresholds used to estimate the percentage of C₃ plants-derived foods in the diets.

Methods:

XRF measurements: Element intensities were measured using a XRF-Avaatech core scanner at EPOC, Bordeaux. Before analysis, the sediment surface was flattened and covered with Ultralene film. The core sections were scanned at a 0.5 cm resolution at two different levels of energy (10 and 30 keV).

In order to easily identify periods in XRF $\ln(\text{Fe}/\text{Ca})$ record, we computed the cumulative sum (Cusum) of the deviations from the mean:

$$\text{Cusum} = \text{sum}(\ln(\text{Fe}/\text{Ca}) - \text{mean}(\ln(\text{Fe}/\text{Ca})))$$

The Cusum method was developed for industrial control to detect changes in sequential production³². More recently, the Cusum has been extensively applied in biological oceanography (e.g. García-Comas et al.³³) following Ibanez et al.³⁴. The Cusum shows periods (i.e., linear sequences) and their value in respect to the long-term average: a positive slope shows a period of values greater than the long-term average, while a negative slope shows a period of values smaller than the long-term average. The steepness of the slope reflects how different a period is from the long-term average. Furthermore, changes in the tendency (i.e., sequential periodical changes in the slope) reflect periodical changes from a set of conditions to another (e.g., a change from a positive slope to a flat slope in the XRF $\ln(\text{Fe}/\text{Ca})$ record reflects a change from a humid period to a drier period). In the case of the 1 Ma to 0.6 Ma interval, this corresponds to a period of aridification because it is more arid than the previous period between 1.2 Ma to 1 Ma (i.e., there is a change of slope from steep positive to slightly negative). In addition, the period between 1 Ma to 0.6 Ma is very variable because the slope is not straight but noisy. The Cusum can be found under the function name `local.trend`, in the R package: `Pastecs: Package of Analysis of Space-Time Ecological Series`.

Plant-wax δD and $\delta^{13}\text{C}$: Plant-wax analyses were carried out at MARUM, University of Bremen. Samples were oven dried at 40°C, homogenized and squalane was added as internal standard before extraction. Lipids were extracted with a DIONEX Accelerated Solvent Extractor using a 9:1 mixture of dichloromethane to methanol at 100°C and 1000 psi for five minutes, repeated three times. The saturated hydrocarbon fraction was obtained by elution of the dried lipid extract over a silica column with hexane and subsequent elution over AgNO_3 -coated silica to remove unsaturated hydrocarbons.

Compound-specific stable carbon isotope ($\delta^{13}\text{C}$) analyses were carried out using a ThermoFisher Scientific Trace GC Ultra coupled to a Finnigan MAT 252 isotope ratio monitoring mass spectrometer via a combustion interface operated at 1000°C. Isotope values were calibrated against external CO_2 reference gas and are reported as permille (‰) against the Vienna PeeDee Belemnite (VPDB) standard. Samples were run at least in duplicate. The internal standards yielded a precision of ≤ 0.3 ‰. Repeated analysis of an external *n*-alkane standard between samples yielded a root-mean-squared accuracy of 0.1 ‰ and a standard deviation of on average 0.2 ‰.

When possible, given the high amount of lipids necessary, compound-specific stable hydrogen isotope (δD) compositions were measured using a ThermoFisher Scientific Trace GC coupled via a pyrolysis reactor operated at 1420°C to a ThermoFisher MAT 253 isotope ratio mass spectrometer. δD values were calibrated against external H_2 reference gas, the 3H^+ factor was monitored daily (values vary between 6.7 and 6.9); δD values are reported in permille (‰) versus the Vienna Standard of Mean Ocean Water (VSMOW) standard. The internal standards yielded a precision of 2 ‰ on average. Repeated analysis of an external *n*-

alkane standard between samples yielded a root-mean-squared accuracy of <1 % and a standard deviation of on average 3 ‰. Results of a method to adjust the δD_{wax} record for vegetation and ice-volume changes is proposed in Extended Data Fig. 4.

Pollen preparation: Samples of 1.5 to 8.5 ml were prepared at MARUM. The volume was measured using water displacement. Samples were decalcified with diluted HCl (~12 %) and treated with HF (~40 %) to remove silicates. Samples were sieved over a screen to remove particles smaller than 10–12 μm . When necessary the sample was decanted to remove remaining silt. Samples were stored in water, mounted in glycerol, and microscopically examined (magnification 400 and 1000x) for pollen and spores. Cyperaceae (sedges) pollen percentages were calculated based on the total number of pollen and spores ranging from 53 to 365 and 95 % confidence intervals were calculated after Maher³⁵.

$\delta^{18}\text{O}$ analyses on foraminifera: Specimens of benthic *Planulina wuellerstorfi* foraminifera were picked from the 250–315 μm size fraction. Analyses were carried out by a coupled system Multiprep-Optima of Micromass© at EPOC. The automated preparation system (Multiprep) transforms carbonate samples into CO_2 gas by treatment with orthophosphoric acid at a constant temperature of 75°C. The CO_2 gas samples were then analysed by isotope mass spectrometry (Optima) in comparison with a calibrated reference gas to determine the isotopic ratio $^{18}\text{O}/^{16}\text{O}$ of the sample. For all stable oxygen isotope measurements a working standard (Burgbrohl CO_2 gas) was used, which was calibrated against the Vienna Pee Dee Belemnite (VPDB) standard by using the NBS 19 standard. Analytical standard deviation is about 0.05 ‰ ($\pm 1\sigma$).

The chronology of the core was established by tuning the $\delta^{18}\text{O}$ benthic foraminifera signal to the reference LR04 stack³⁶ with the AnalySeries software³⁷ and yielded a correlation coefficient of $R = 0.8$ for the last 2.14 Ma. The core is ca. 36 meter long and the sedimentation rate has a mean value of 2 cm/kyr ($\sigma = 0.91$) and is relatively constant.

SSTs reconstruction: *Globigerinoides ruber s. s.* were picked within the 250–315 μm size fraction for trace element analyses. Shells were cleaned at EPOC to eliminate contamination by clays and organic matter based on the procedure of Barker et al.³⁸. An Agilent Inductively Coupled Plasma Optical Emission Spectrometer (ICP-OES) was used for magnesium and calcium analyses following the procedure established by De Villiers et al.³⁹. Reproducibility obtained from *G. ruber s. s.* on 80 samples from the complete core was better than 6 % ($\pm 1\sigma$, pooled RSD). All new analyses for this study ($n = 217$) were performed at EPOC. Measured Mg/Ca ratios were converted into temperature values applying the equation established by Anand et al.⁴⁰ yielding a precision of 1.2°C.

Total assemblages of planktonic foraminifera were analyzed at EPOC using an Olympus SZH10 binocular microscope following the taxonomy of Hemleben et al.⁴¹ and Kennett et al.⁴². About 300 specimens were counted in each level after splitting with an Otto microsplitter. Relative abundances of species were used to perform quantification of SST after an ecological transfer function⁴³ developed at EPOC. The method used here is based on the Modern Analogue Techniques (MAT)⁴⁴ running under the R software, using a script first developed for dinocyst transfer functions by Guiot and Brewer. The modern database used is composed of 367 core tops and derived from the ones covering the southern Indian Ocean⁴⁵ in the MARGO project. Calculations of past hydrological parameters rely on a weighted average of SST values from the best five modern analogues, with a maximum weight given for the

closest analogue in terms of statistical distance, i.e., dissimilarity minimum^{43,46}. This method permits the reconstruction of annual SST with a precision of 0.8°C (Extended Data Fig. 7).

As each proxy has some uncertainty related to the calibration, non-temperature influences and lateral advection¹⁵, we applied Empirical Orthogonal Function (EOF) analysis⁴⁷ on the two SST records over the last 2.14 Ma (Extended Data Fig. 6). The first Principal Component (PC1) explains 74 % of the total variance for the Mg/Ca and foraminifera transfer function records over the last 2.14 Ma. Correlation between SST proxies and PC1 over the last 2.14 Ma is $R = 0.71$.

Climate modeling: To investigate the control on the past δD composition of precipitation in the Limpopo catchment we analyzed the results of a transient run with the intermediate complexity isotope-enabled climate model iLOVECLIM⁴⁸⁻⁵⁰ over the last 150 kyr⁵¹. The atmospheric part of the coupled climate model was run at T21 spatial resolution ($\sim 5.65^\circ$ lat,lon) and used accelerated forcing (irradiance, GHGs and ice sheets were updated with an acceleration factor 10)⁵¹. Intermediate complexity models experiences some weaknesses caused by the spatial resolution and simplified convective physics but have the advantage to compute efficiently. iLOVECLIM was previously successfully applied in the Asian monsoon region⁵¹ and in the West African monsoon region⁵² to investigate past monsoonal precipitation changes and their links with changes in the isotopic composition of precipitation. For the current study, analysis of its present-day performance for the region together with results over the past 150 kyr are shown in Extended Data Figure 2.

Ecology and environment of the hominins *Paranthropus robustus* and *Australopithecus sediba* in the Limpopo catchment: Building on previous research (e.g., see recent syntheses^{53,54}), we produced a short synthesis of multiple lines of evidence to reconstruct the ecology and environmental context of the southern African robust australopith *Paranthropus robustus*. We also discuss briefly *Australopithecus sediba*. Much literature has been devoted to the ecology of the robust australopiths, and particularly the ecological differences between *P. robustus* and *P. boisei*, another species found in eastern Africa. Given the geographic scope of our paper centered on South Africa, we here focus our review mostly on *P. robustus*. The reader should note that it is still a matter of debate whether the robust australopiths, namely *P. robustus*, *P. boisei*, and *P. aethiopicus* (the likely ancestor of *P. boisei*, also found in eastern Africa) are closely related to each other forming a monophyletic genus, or the robust adaptive traits evolved independently by convergence/parallelism in eastern Africa and southern Africa, making the *Paranthropus* genus diphyletic^{54,55}. Authors supporting the diphyletic hypothesis tend to classify the robust australopiths in the genus *Australopithecus*. Until the issue is settled, we use here the genus name *Paranthropus* as a convenient taxonomic label of a grade grouping those three taxa that share similar robust adaptive features that differ from the other more gracile genera *Australopithecus* and *Homo*.

Craniomandibular and dental morphology: species of *Paranthropus* are characterized by a suite of peculiar craniomandibular and dental morphological characters: reduced incisors and canines, molarized premolars, enlarged molars, thick enamel, enlarged insertion areas for temporal muscles, robust mandibular corpus⁵⁶. This suite of robust morphological traits has been frequently interpreted as potential adaptations to diets including hard foods (e.g.,^{57,58}). This interpretation is partly supported in *P. robustus* by the dental microwear data that indicate occasional consumption of hard objects (see below). Other authors suggested that

those characters reflect the ability of *Paranthropus* for prolonged chewing of tough plant matter^{59,60}. This alternative interpretation is supported by the dental microwear and stable carbon isotopic data in *P. boisei*^{61,62}. This interpretation could apply to *P. robustus* as well, even though this species was likely feeding on different kinds of plants (C₄ herbaceous plants in *P. boisei* versus various C₃ and C₄ plants in *P. robustus*, see below).

Potential modern analogs of herbivorous mammals that evolved from omnivorous ancestors with thick enamel and bunodont molars include the giant panda *Ailuropoda melanoleuca* and the red panda *Ailurus fulgens*, both highly specialized independently on a diet of tough bamboo leaves requiring prolonged chewing and numerous repeated chewing cycles (e.g.,^{63,64}). Both examples illustrate phylogenetic inertia, with evolution tinkering preexistent morphologies, which limits the range of possible adaptive traits in response to functional selective pressure and results in seemingly suboptimal morphologies for the realized diet. A similar argument was made for *Paranthropus*^{53,65}. Therefore, contrary to herbivorous ungulates that evolved long shearing crests and a more lateral mastication to reduce plant matter into small digestible fragments, the giant panda, the red panda, and *Paranthropus* evolved alternative solutions combining a thick enamel and increased dental surface with prolonged use of high masticatory forces.

It was also suggested that an increased dental occlusal surface in mammals could be an adaptive trait for feeding on small bites of small sized food items⁶⁶ by increasing the chance of efficiently masticating the food items with a reduced number of chewing cycles, and limiting the wear induced by a strong increased attrition (tooth to tooth contact) in addition to the wear induced by abrasion (tooth to food contact). Similar adaptive traits, most notably enlarged surfaces of third molars, evolved independently multiple times in African herbivorous suids⁶⁷.

Compared to *Paranthropus*, the craniomandibular and dental morphology of *A. sediba* is more gracile and more similar to the one found in older species of *Australopithecus* and younger species of *Homo*. It was recently argued that the morphology of the cranium was unsuited for feeding on hard objects⁶⁸ while that of the mandible was⁶⁹.

Postcranial morphology: very little is known about the postcranial morphology of *P. robustus* but most studies indicate retention of traits adaptive to arboreal climbing (e.g.,^{70,71}). Hand morphology suggests an ability to perform precision gripping during tool making and using activities⁷². Numerous bone tools are found in Swartkrans Member 3 and Drimolen, sites that yielded numerous specimens of *P. robustus*. Microscopic and macroscopic wear analyses as well as experimental data suggest that those tools were used for digging into termite mounds⁷³⁻⁷⁵. The scarcity of *Homo* remains compared to those of *P. robustus* in sites bearing the bone tools suggests that the latter species is the most likely tool maker and user⁷³⁻⁷⁵. *Australopithecus sediba* is known by two partial skeletons that provide numerous information on its postcranial morphology. Its upper limbs and shoulders retain numerous adaptive traits for climbing and suspensory behaviors^{76,77}.

Microstructure and biomechanics of enamel: a study of the dental microstructure of *P. robustus* indicates that its enamel was decussated (contrary to *P. boisei*⁷⁸), which is assumed to reflect a capacity to withstand strong and/or prolonged biomechanic constraints during mastication. Other mammals feeding on hard objects, such as hyaenids⁷⁹, and mammals feeding on tough vegetation, such as many ungulates, also display decussated enamel⁸⁰.

In addition, an experimental study on the behavior of enamel under various biomechanical constraints suggests that thick enamel could be an adaptive trait to deal with foods either hard or tough, laden with particulates, potentially including both grit and phytoliths⁸¹. A recent study observed a low frequency of enamel chipping in *P. robustus*, concluding that it was not adapted to eating hard foods⁸², but rather tough vegetation. This interpretation is at odds with the dental microwear data that indicate at least some consumption of hard objects (see below). Alternatively, we argue that it is equally plausible that this low frequency of chipping is related to the specialized decussated microstructure that reinforces the tooth enamel of *P. robustus* at a microscopic scale, making its teeth less prone to chipping and therefore more durable when consuming hard foods, as well as tough foods.

Enamel biogeochemistry: numerous data are available regarding the stable carbon and oxygen isotopic compositions (expressed as $\delta^{13}\text{C}$ and $\delta^{18}\text{O}$, respectively), and the major elements (Sr, Ba, Ca) of the enamel of *P. robustus*, of other hominins, as well as other contemporaneous animals. The stable carbon isotope ratios enable to quantify the proportions of food items deriving, directly or indirectly (through one or several trophic levels), from C_3 plants (mostly woody vegetation, but also sedges in humid environments) and C_4 plants (mostly grass and sedges, but also shrubs of the *Amaranthaceae/Chenopodiaceae* family). The $\delta^{13}\text{C}$ values of the enamel of *P. robustus* indicate a diet dominated by C_3 plants-derived foods, with a significant proportion (ca. 35-40 %) of C_4 plants-derived foods (Fig. 3B and Extended Data Table 2). Much efforts were dedicated to identify the food items that compose this significant C_4 component in the diet of *P. robustus*⁸³⁻⁸⁶. Most likely C_4 plants-derived food items include grass leaves and roots, insects such as grasshoppers and termites, small vertebrates consuming C_4 plants or C_4 plants-eating invertebrates (birds, lizards, rodents, small ungulates). Sedges are also considered a likely source of C_4 resources, notably through the consumption of their Underground Storage Organs (USOs)^{87,88}. Sponheimer et al.⁸⁴ however argued that C_4 sedges were rather scattered in South African riverine settings and that not many of them produced large palatable USOs. They therefore considered C_4 sedges as a minor food resource for hominins. However, they only studied the sedges from four riverine sites located in the Kruger National Park and it remains unknown whether their conclusions would hold out for the whole Limpopo catchment and larger scales.

More important in our opinion is the fact that the diet of *P. robustus* was dominated by C_3 plants-derived food resources. The latter could include any parts (leaves, stems, fruits, nuts, USOs) of C_3 plants (mostly trees, shrubs, bushes in wooded environments but also abundant sedges in humid environments). Data on the enamel $\delta^{13}\text{C}$ values of *A. sediba* are very few ($n = 2$) but both specimens display low values (-12.1 ‰ and -12.2 ‰) that indicate a diet dominated by C_3 plants-derived food resources²⁵.

Stable oxygen ratios of enamel are related to multiple factors, including behavior, ecology, diet, physiology, and climate⁸⁹. Levin et al.⁹⁰ classified mammals into Evaporation Sensitive (ES) taxa and Evaporation Insensitive (EI) taxa. The $\delta^{18}\text{O}$ values in ES taxa increase with aridity. ES taxa do not drink much and get most of the required water from the plants they consume. Conversely, $\delta^{18}\text{O}$ values of EI taxa track the $\delta^{18}\text{O}$ values of surface water that they drink abundantly and frequently^{90,91}. Although hominins were not included into this classification scheme, they are likely water-dependent since all large primates need to drink a lot of water every day. Hominins generally display relatively low $\delta^{18}\text{O}$ values on average compared to the rest of the faunas^{62,92}, suggesting a high water dependence or consumption of

plants containing little evaporated water. Those data support the preference of *P. robustus* for wooded and/or humid environments.

Intra-tooth variations of $\delta^{13}\text{C}$ and $\delta^{18}\text{O}$ also inform us about the intra-annual and inter-annual variations in ecology. Such intra-tooth $\delta^{13}\text{C}$ and $\delta^{18}\text{O}$ profiles were measured using laser ablation on four teeth of *P. robustus* from Swartkrans Member 1⁸³. The mean values of the $\delta^{13}\text{C}$ profiles are similar to those of other *P. robustus* sampled previously, and they also reveal significant intra-tooth variations with ranges varying from 2 ‰ to 5 ‰ over periods representing approximately one or two years (inferred from the number of perikymata). Significant positive correlations between the $\delta^{13}\text{C}$ and $\delta^{18}\text{O}$ in three out of four specimens of *P. robustus* also indicate that they consumed relatively more C_4 plants-derived foods during the dry seasons than during the wet seasons⁸³. This could suggest an opportunistic sampling of the environment, with a relative consumption of C_3/C_4 plants-derived foods depending partly on seasonal or inter-annual climatic differences. Those data are also congruent with the identification of *P. robustus* as an EI taxon and are similar to the pattern observed in some extant EI herbivorous ungulates (e.g., strong positive correlations of $\delta^{13}\text{C}$ and $\delta^{18}\text{O}$ profiles in an extant common hippopotamus *Hippopotamus amphibius*⁹³).

Investigations of trace elements preserved in the enamel of *P. robustus* also revealed interesting patterns^{24,94}. *Paranthropus robustus* is characterized by relatively high Sr/Ca ratios, lower than in grazing ungulates, and a bit higher than in carnivores, browsing ungulates, and omnivorous cercopithecoid monkeys. Interestingly, *A. africanus* is characterized by even higher Sr/Ca ratios. Both hominins, but especially *A. africanus*, display low Ba/Ca ratios. Altogether, those data indicate a likely low proportion of animal matter in their diets. More interestingly, the only extant animals combining a high Sr/Ca ratio and a low Ba/Ca are the mole rat (*Cryptomys hottentotus*), and to a lesser extent, the common warthog (*Phacochoerus africanus*). Both species consume large amounts of grass roots. This could indicate that grass root consumption was a significant aspect of *P. robustus* diet, explaining part of the C_4 component of the diet. However, the Sr/Ca and the Ba/Ca ratios of *A. africanus* and *P. robustus* are not as extreme as those found in the mole rat and the common warthog, suggesting that the consumption of grass roots was likely not as important as in those two species. As highlighted by Sponheimer et al.⁹⁴ one must however stress that the use of major elements concentrations in enamel as an indication of the diet of extant and extinct animals still necessitate further studies. Balter et al.²⁴ observed Sr/Ca and Ba/Ca ratios for *P. robustus* that are intermediate between those of *A. africanus* and early *Homo*, and similar to those of browsers. They argue the diet of *P. robustus* was dominated by woody plants.

Dental microwear: investigations of dental microwear also provided useful information to reconstruct the diet of *P. robustus*^{61,95-97}. Dental microwear mostly results from a combination of abrasion (food to tooth contact) and attrition (tooth to tooth contact), both resulting in various microscopic scars left at the surface of the enamel facets. Among hominins, specimens of *P. robustus* are characterized by unique microwear textures that display strongly variable complexities, ranging from low to very high values, and low anisotropies. This pattern, originally observed on a few specimens, was later confirmed by a large-scale study of dental microwear in *P. robustus*, including numerous specimens from various sites⁹⁸. Similarities in dental microwear textures were noted between *P. robustus* and some specimens of several extant primates that are known to consume hard objects such as nuts and seeds (gray-cheeked mangabeys *Lophocebus albigena*, brown capuchins *Cebus apella*), indicating

at least some consumption of hard objects by *P. robustus*. Dental microwear data available for *A. sediba*, although based on two specimens only, also show high complexities, suggesting a potential consumption of hard objects²⁵.

Stable carbon isotopes of contemporary mammals: compiled data of $\delta^{13}\text{C}$ values for herbivorous mammals that were contemporary and sympatric with *P. robustus* indicate habitats encompassing a mix of C_3 and C_4 plants, suggesting a mix of woodlands and grasslands in all sites that were sampled (data for Swartkrans members 1, 2, and 3^{83,84,99,100}; Cooper's D¹⁰¹; Gondolin¹⁰²; Fig.3B and Extended Data Table 2). The enamel $\delta^{13}\text{C}$ values of herbivorous mammals in all *P. robustus*-bearing sites where sufficient data are available display a bimodal distribution (Extended Data Table 2): the main mode indicates that the habitat was dominated by herbivorous mammals consuming mostly C_4 plants, while the secondary mode indicates that a significant portion of the remaining herbivorous mammals consumed C_3 plants. Mammals displaying a strong C_4 signal in their enamel likely consumed herbaceous plants, including mostly dry-adapted C_4 grasses in open habitats and possibly C_4 sedges in humid habitats. They are usually classified as grazers. Conversely, mammals displaying a strong C_3 signal in their enamel likely fed mainly on woody plants (trees, shrubs, bushes) in woodlands, and possibly on C_3 sedges in humid habitats. They are usually classified as browsers. Complicating factors of paleodietary reconstructions include the potential consumption of CAM plants (mostly succulents in arid habitats and epiphytic plants in closed forests) and C_4 dicot woody vegetation (e.g., shrubs of the family *Amaranthaceae*/*Chenopodiaceae*). However, the classification of mammals using the dichotomy between C_3 browsers and C_4 grazers inferred from $\delta^{13}\text{C}$ values is generally confirmed by ecomorphological and dental wear studies¹⁰¹. $\delta^{13}\text{C}$ data of *P. robustus* are intermediate between the C_4 pole and the C_3 pole, but closer to the latter, indicating a preference of this hominin for the C_3 wooded and/or humid component of its habitat.

The enamel $\delta^{13}\text{C}$ data of the herbivorous mammals found at the Malapa site with *A. sediba* indicate an environment dominated by C_4 plants, presumably grasses, and a few species consuming C_3 plants, presumably woody plants²⁵. The pattern is therefore similar to the one observed in the *P. robustus*-bearing sites, indicating a preference of *A. sediba* for the C_3 component, presumably woodland, of the otherwise C_4 grass-dominated landscapes.

Ecomorphology and community structures: Reed¹⁰³ conducted an analysis of the ecological diversity of modern and past faunal communities by quantifying trophic and locomotor adaptive traits of mammals. She found evidence that *P. robustus* inhabited mosaic environments including both woodlands and grasslands, always close to a water source. She also detected a pattern of more open habitats throughout the Swartkrans sequence. This observation supports the information provided by $\delta^{13}\text{C}$ values of the herbivorous mammals that, based on our data compilation, generally indicate more C_4 plants in the landscapes, presumably grasses adapted to open and dry environments (Fig. 3B). de Ruiter et al.¹⁰⁴ conducted a correspondence analysis using the relative abundances of the different groups of mammals classified as woodland-adapted and grassland-adapted based on stable carbon isotopes and uniformitarian comparisons to extant relatives. They observed that the relative abundance of *P. robustus* follows relative abundances of woodland-adapted species and is negatively correlated to the relative abundances of grassland-adapted species. Bishop et al.¹⁰⁵ conducted an ecomorphological analysis of bovid postcrania from Sterkfontein Member 5B "Oldowan Infill". They concluded that most bovid species were adapted to open grasslands,

and they reconstructed the environment as dominated by grasslands but with a nearby more wooded component. Kuman & Clarke¹⁰⁶ suggested that the absence of *P. robustus* in Sterkfontein Member 5 West could be linked to a drier local habitat without water-dependent species. Overall, those studies indicate that grasslands were important and likely predominant in the environments occupied by *P. robustus*, but always with a more wooded and humid component nearby. The ecological data gained from multiple lines of evidence suggest that *P. robustus* preferred that woodland and/or humid component.

Combining the multiple lines of evidence: based on the aforementioned evidence, we interpret *P. robustus* as a species that was overall ecologically variable (eurytopic), especially in terms of dietary resources, but with a long-lasting preference for the C₃ wooded or humid components of the environments otherwise dominated by C₄ dry-adapted plants. Such a selective feeding behavior, with scarce components of the vegetation that are over-represented in the diet of an animal is frequently observed in extant mammals. For example, extant geladas (*Theropithecus gelada*) from the Guassa Plateau in the Highlands of Ethiopia rely extensively on forbs (ca. 38 % of annual diet, and up to 61 % of monthly diet) although those preferred forbs represent only 8 % of ground cover¹⁰⁷. A variable C₃-dominated diet, including both hard and tough food items, and displaying strong seasonal or inter-annual variations, is supported by the stable carbon and oxygen isotopes, the dental microwear textures, and the overall morphological adaptive traits displayed by *P. robustus*. The robust craniomandibular and dental traits appear as a reasonable compromise to process efficiently an extremely diversified diet including numerous tough parts of plants along with some hard foods, and probably a lot of small food items that had to be eaten in small bites, with some exogenous grit particulates adhering (e.g., termites, grass roots).

The preference of *P. robustus* for habitats dominated by C₃ plants, either in woodlands or in humid environments, is well corroborated by the data gained from the study of other animals, indicating large quantities of C₄ vegetation, but always with a more wooded component and the nearby presence of a water source. Frequent exploitation of the C₄ food resources in the more open component of the landscapes is demonstrated by the stable carbon isotopes that indicate a significant, but not dominant, C₄ component in the diet. Possible use of bone tools and prehensile hands would have enabled *P. robustus* to access a great variety of foods in both wooded and open habitats. *Paranthropus robustus* could be best characterized as an ecotonic species, exploiting intermediate habitats where the edge effect is maximized, enabling it to forage on a maximal variety of foods in both wooded and open habitats within a limited area, while keeping access to secure shelters in woodlands. Such an ecology is displayed by the forest hog (*Hylochoerus meinertzhageni*) that strongly depends on wooded humid forests for shelter, food, and water, but also frequently exploits open grasslands for additional plant resources¹⁰⁸. Data are scarcer for *A. sediba* but the multiple aforementioned lines of evidence suggest an even stronger preference for C₃ wooded habitats compared to *P. robustus*. It is worth noting that similar preference for the C₃ component, presumably woodlands, in overall C₄ grass-dominated landscapes is also documented in several other hominin species from eastern Africa (e.g.,^{109,110}).

Extinction of *Paranthropus robustus*

It appears likely that the last documented occurrence of *P. robustus* is dated ca. 0.9 Ma, or even later (see Extended Data Table 1). Indeed, multiple lines of dating evidence point to a

young age of Swartkrans Member 3, likely around 0.9 Ma, but possibly as young as 0.6 Ma. It is also worth keeping in mind the frequency of artificial range truncation of extinct taxa, often called the Signor and Lipps effect¹¹¹: due to the imperfect nature of the fossil record, the extinction date of a particular taxon is most probably more recent than the last fossil occurrence of this taxon. Bearing in mind that those authors formulated this caution based on the near-continuous and precisely-dated marine paleontological record, the Signor and Lipps effect is even more pertinent when considering extinction dates based on the spatio-temporally biased continental fossil record of terrestrial faunas (see details in White¹¹²). This dating uncertainty most probably applies to *P. robustus* as its known geographic distribution is extremely small. Most of the *P. robustus*-bearing sites are located within a circle of ca. 3 km radius, and only Gondolin is located a bit further north, around 25 km from Swartkrans and Sterkfontein. A circle of 12.5 km radius, encompassing all the known occurrences of *P. robustus*, would therefore represent a distribution area of ca. 500 km². Large mammals tend to have much larger geographic distributions. For comparison, even the extant species of African great apes with the smallest geographic distribution, the critically endangered eastern gorilla (*Gorilla beringei*), is found over an area of ca. 70000 km². Other great apes have much larger distributions (*G. gorilla*: over 700000 km²; *Pan paniscus*: ca. 156000 km²; *Pan troglodytes*: over 2600000 km²; all data from the IUCN website, <http://www.iucnredlist.org/>). It is therefore most likely that the real distribution area of *P. robustus* was much larger than what is currently sampled by the available fossil record, making the true last occurrence of the species unlikely to be sampled, and the real extinction date of the species likely younger than 0.9 Ma.

The fossil record of South Africa indicates that numerous species became extinct during the Pleistocene. However, the paucity of the record after 1.4 Ma seriously hinders our understanding of the pattern and timing of the extinctions. Middle Pleistocene faunas such as those of Florisbad (ca. 0.25 Ma) are almost entirely composed of species that are similar to the extant species whereas older faunas (e.g., Cornelia at ca. 1 Ma or Elandsfontein at 1 Ma-0.6 Ma) contain a significant proportion of extinct species (e.g., ¹¹³). Neither a precise date nor a time interval (1 Ma-0.5 Ma vs. later during the Pleistocene) can be constrained for the extinction of those species based on their currently available fossil records.

Our new marine record, as well as previously published terrestrial records, are indicative of a clear trend through time toward more open and drier landscapes in the Limpopo catchment. Given that *P. robustus* preferentially thrived in non-dominant C₃ component of its environment (either woodland or humid grassland), and that its diet was dominated by C₃ plants-derived food items, including occasional hard objects, we assume that the regional trend toward a more arid hydroclimate after 1 Ma and the marked precessional variability impacted the abundance of this species and its resilience to environmental changes. As regional hydroclimate became drier, the wooded and humid environments favored by *P. robustus* likely became progressively scarcer, strongly impacting the fitness and survival of the populations of mammals depending on such habitats for food, water, and shelter. We propose a speculative but plausible scenario inspired from the theoretical work by Foley²⁷. According to this scenario, the geographic ranges of taxa adapted to woodlands and humid habitats, including *P. robustus*, contracted and expanded according to the precessional ~21 kyr dry and wet cycles. During the multi-millennial dry periods, the range of populations of those taxa contracted and often became fragmented. The resulting isolated populations were especially prone to local extinction through increased competition and predation induced by

the lack of sufficient and suitable food, water, and shelter resources. During multi-millennial wet periods, preferred woodland and humid habitats would have expanded again and the surviving populations would have thrived again and expanded into their previously occupied range, replacing locally extinct populations. The long term trend to aridity, as inferred from our marine record, implies that dry periods became more and more drastic through time, increasing the likelihood for local extinction of numerous local populations, until the extinction of the last remaining local population, and therefore the extinction of the species. Thus both long-term state and the extreme precessional changes in hydroclimate could have impacted the evolution of *P. robustus*. A recent synthesis on factors involved in the extinction in large mammals, spanning three continents and the whole Cenozoic period, concluded that abiotic changes, such as climatic changes, were key players in the extinctions of species²⁶.

What of *Homo*? Several authors (reviewed in Wood & Strait¹¹⁴) suggested that strong morphological, behavioral, and ecological differences between *P. robustus* and the contemporary *Homo* gave an evolutionary advantage to the latter over the former. Some authors therefore related those differences to the extinction of *P. robustus* while *Homo* did not go extinct and remained extremely widespread in Africa and beyond. Strikingly different relative abundances of those two taxa do suggest they were occupying separate ecological niches in the sites where they co-occur (Swartkrans 96 % *P. robustus*, 4 % *Homo*; Drimolen 84 % *P. robustus* 16 % *Homo*, according to Moggi-Cecchi et al.¹¹⁵). However, those scenarios are speculative and clearly out of the scope of our paper that is focused on *P. robustus*. Regardless of any potential evolutionary advantage of *Homo* over *P. robustus*, whether or not *Homo* went extinct locally in the Limpopo catchment during the aridification period is meaningless to its subsequent evolutionary history. Remains of *Homo* are indeed known in other parts of South Africa around 1 Ma (e.g., Elandsfontein¹¹⁶, Cornelia-Uitzoek¹¹⁷), as well as in other parts of Africa^{118,119}, which would have made any local extinction counterbalanced by subsequent dispersals from other regions. The survival of *Homo* could plausibly be explained solely through plain contingency, especially as recent literature indicates a eurytopic ecology for both *Homo* and *Paranthropus* (Wood & Strait¹¹⁴; our synthesis).

Online Content Methods, along with any additional Extended Data display items and Source Data, are available in the online version of the paper; references unique to these sections appear only in the online paper.

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Extended data legends:

Extended Data Figure 1: $\ln(\text{Fe}/\text{Ca})$ as a proxy for Limpopo runoff. Ca and Fe are both elements with complex and multiple origins in marine sediments. Fe could be related with redox variations, detrital and fluvial input, among others while Ca can be related with the biogenic fraction (foraminifera, nannofossils) and detrital input. In order to properly interpret the $\ln(\text{Fe}/\text{Ca})$ ratio at our study location we applied principal components analysis¹²⁰ (PCA). a) The first principal component (PC1) describes 66 % of the total variance for the entire site MD96-2048. The negative loadings for PC1 are Ca and Sr while all other elements (Al, Si, K, Ti, Fe and Zr) have positive loadings. Ca and Sr are elements associated with biogenic carbonate and are mainly related to presence of foraminifera. Element matrix correlation shows a strong positive linear correlation ($R > +0.70$) between Fe and typically detrital elements as Al, Si, Ti and K. Ca shows negative correlation with Fe ($R = -0.5$). b) $\ln(\text{Fe}/\text{Ca})$ show a strong correlation with PC1 ($R = 0.94$) and a strong relationship with Limpopo runoff proxies (Extended Data Fig. 3). Fe and Ti elements are related to terrigenous and siliciclastic components (heavy minerals, oxides) and the carbonate content (Ca) variation is mainly due to dilution by terrigenous sediment. $\ln(\text{Fe}/\text{Ca})$ is therefore a proxy of Limpopo runoff in agreement with previous studies in riverine basins along the African continent^{10,121-124}. To confirm a weak influence of sea level changes on the Fe/Ca record we compared our $\ln(\text{Fe}/\text{Ca})$ record with the deep-water $\delta^{18}\text{O}$ component for relative sea level reconstructed by Rohling et al.,¹²⁵ (bottom on b)). Both records are plotted against the LR04 chronology. Visual inspection and statistical test do not support a dominant effect of sea level changes on the $\ln(\text{Fe}/\text{Ca})$ record ($R = 0.05$). PC3, that describes 11 % of the total variance for the entire site MD96-2048, is closely related to sea level changes. The negative loadings for PC3 are mainly Sr and to a lesser degree K and Ti while the main positive loadings are Zr and to a lesser degree Si.

Extended Data Figure 2: Control on the δD composition of precipitation in the Limpopo catchment. a) Seasonal δD composition of precipitation and b) precipitation at Pretoria station¹²⁶ in comparison to the iLOVECLIM model results at the corresponding latitude and longitude^{48,49}. All data are centered around their annual average. Depleted δD values are indicative of increasing amounts of rainfall¹²⁷. c) Results of the transient simulation with the isotope enabled numerical climate model iLOVECLIM for the δD composition of precipitation and precipitation in the Limpopo catchment ($\sim -27.5^\circ\text{S}$ to -22°S and 30°E to 36°E) over the last 150 kyr (Methods)⁵¹. Black curves show the results after filtering with a low pass filter. The δD composition of precipitation and precipitation amount in the Limpopo catchment are negatively correlated ($R = -0.63$, $p\text{-value} \ll 0.001$) over the last 150 kyr. Maxima of precipitation are phased with maxima in austral summer insolation at 30°S and lead to more depleted $\delta\text{D}_{\text{precipitation}}$ (amount effect).

Extended Data Figure 3: Relationship between Limpopo runoff, local Southern Hemisphere insolation and the C_{31} n -alkane $\delta^{13}\text{C}$ record over the last 800 kyr. a) Comparison between the $\ln(\text{Fe}/\text{Ca})$ XRF signal and austral summer local insolation at 30°S ³¹. b) Comparison between the $\ln(\text{Fe}/\text{Ca})$ XRF signal and the branched glycerol dialkyl glycerol tetraethers (brGDGT) concentration in the sediment¹⁵. brGDGT are commonly found in soil and can be attributed to Limpopo River runoff¹⁵. c) Comparison between the $\ln(\text{Fe}/\text{Ca})$ XRF signal and the C_{31} n -alkane $\delta^{13}\text{C}$ record¹⁶. More Limpopo River discharge is associated with more C_4 plant input and increase in austral summer insolation at 30°S . d) Comparison

between inverted $\ln(\text{Fe}/\text{Ca})$ XRF signal and the accumulation rate (AR) of CaCO_3 as a measure of biogenic carbonate. The $\ln(\text{Fe}/\text{Ca})$ XRF record is not primarily controlled by dilution due to biological productivity ($R = 0.1$).

A previous study on core MD96-2048 over the last 0.8 Ma interpreted shifts towards more depleted $\delta^{13}\text{C}_{\text{wax}}$ as potentially reflecting more humid conditions¹⁶. However, the anti-correlation between $\delta^{13}\text{C}_{\text{wax}}$ and $\delta\text{D}_{\text{wax}}$ values (Extended Data Fig. 4) in our study indicates that enriched $\delta^{13}\text{C}_{\text{wax}}$ values are associated with more humid conditions. Because C_4 plants in the Limpopo catchment are dominant in the interior (Fig. 1), we propose that more enriched $\delta^{13}\text{C}_{\text{wax}}$ values indicate a higher relative contribution from more upstream sources (more C_4) during times of high runoff compared to only downstream sources (more C_3) during low discharge. In addition, humid conditions would have favored the extension of sedge-rich vegetation (Cyperaceae, of which 20 to 60 % are C_4 plants in this region¹²⁸) in riverine swamps and floodplains along the river course, explaining the detected increase in Cyperaceae pollen at times of increased fluvial discharge (Fig. 2). Studies on sediments from the adjacent Zambezi catchment similarly suggest the extension of swampy sedge-rich vegetation including C_4 -Cyperaceae when river discharge was high and infer that more C_4 plant waxes are exported to the ocean when flooding of floodplains occurs during rainfall maxima^{10,129}.

Extended Data Figure 4: Relation between the $\delta^{13}\text{C}$ C_{31} n -alkanes record and the δD C_{31} n -alkanes record. A. Correlation between the $\delta^{13}\text{C}$ C_{31} n -alkanes record and the δD C_{31} n -alkanes record with or without vegetation and ice volume correction (vc-ivf) over the last 2.14 Ma ($n = 19$). An anti-correlation exists between the $\delta^{13}\text{C}$ and the δD signals of the C_{31} n -alkanes. The C_{31} n -alkane is used because it is the most abundant homologue in the samples. B. Raw $\delta^{13}\text{C}_{\text{wax}}$, $\delta\text{D}_{\text{wax}}$ data and $\delta\text{D}_{\text{wax}}$ adjusted for ice-volume and vegetation changes from core MD96-2048. Mean analytical uncertainties are indicated. a) $\delta^{13}\text{C}_{\text{wax}}$ of the C_{31} homologue (Castaneda et al.¹⁶ in light green and this study in dark green). b) $\delta\text{D}_{\text{wax}}$ of the C_{31} homologue. c) $\delta\text{D}_{\text{wax}}$ of the C_{31} homologue adjusted for ice volume changes (ivf) using a seawater $\delta^{18}\text{O}$ curve¹²⁵ and converting to δD assuming a Last Glacial Maximum (LGM) increase of 7.2‰. We use 7.2‰ because sediment pore water $\delta^{18}\text{O}$ and δD measurements suggest that the glacial ocean δD increase has a mean value of 7.2‰¹³⁰. We also adjusted the $\delta\text{D}_{\text{wax}}$ record for vegetation changes (vc) using published fractionation factors ($-123\text{‰} \pm 31\text{‰}$ for C_3 trees, $-139\text{‰} \pm 27\text{‰}$ for C_4 grasses¹³¹) and the $\delta^{13}\text{C}_{\text{wax}}$ signal following the procedure developed by Collins et al.¹³². End-member $\delta^{13}\text{C}_{\text{wax}}$ values used for C_3 and C_4 vegetation were -36‰ and -21.5‰ , respectively¹³³. The error ranges for the vegetation fractionation factors are very large¹³¹. They derive from the compilation of a global dataset from individual plants which is not comparable to an ecosystem fractionation in a specific catchment such in the Limpopo that will fractionate with a much smaller uncertainty. As we, however, do not know the exact fractionation factor in the Limpopo catchment and regard the uncertainties from the global compilation as unrealistic for a specific ecosystem we refrained from propagating this uncertainty into the vegetation corrections. The vegetation and ice-volume adjusted $\delta\text{D}_{\text{wax}}$ record is very similar to the unadjusted record, highlighting that the adjustments have a minor effect.

Extended Data Figure 5: Statistical analyses for the $\ln \text{Fe}/\text{Ca}$ XRF record and PC1 SST record. a) Spectral power for $\ln(\text{Fe}/\text{Ca})$ by wavelet analysis realized with the MatLab package of Grinsted et al.¹³⁴. The thick contour designates the 5 % significance level against red noise. Dash black lines indicate the variability at the precession, obliquity and eccentricity periods. b) Spectral analysis of $\ln \text{Fe}/\text{Ca}$ with REDFIT¹³⁵. Red line show the false-alarm level at the 95 % confidence interval. Spectral peaks exceeding the false-alarm level can be

considered significant¹³⁵. c) Blackman-Tukey cross correlation between ln(Fe/Ca) XRF and ETP realized with the Analyseries software³⁷ over the last 2.14 Ma. ETP is constructed by normalizing and stacking Eccentricity, Tilt (obliquity) and negative Precession to evaluate coherence and phase (timing) relative to orbital extremes¹³⁶. Red curve shows the spectral power for ln Fe/Ca record. Black curve show the spectral power for ETP. The coherency (which varies between 0 and 1) is represented by the grey curve and gives the interval within which the spectrum is significant. In our case, the non-zero coherency is higher than 0.55 and is significant at the 95 % confidence interval (grey line). There are significant spectral peaks for eccentricity and precession but not for obliquity. The ln(Fe/Ca) XRF record and ETP are in phase at the 400 kyr period, the eccentricity leads by 16 kyr the ln(Fe/Ca) record at the 100 kyr period and the ln(Fe/Ca) record is in anti-phase with negative precession (in-phase with positive precession) at the 19 and 23 kyr periods. The three statistical analyses are in agreement and indicate significant variability at the 400, 100, 23 and 19 kyr periods and insignificant variability at 41 kyr period. d) Comparison between the precessional component of the ln(Fe/Ca) record (Gaussian filter frequency 1/23 000; bandwidth: 5e-06) obtained with the Analyseries software³⁷ and the precession index. Maxima of the ln(Fe/Ca) precession component are in phase with precession index maxima. The precession cycles in the ln(Fe/Ca) record appear particularly strong between ~0.9 and 0.6 Ma. e), f) and g) present the same statistical analyses as in a), b) and c) respectively but for the PC1 SST record. For e) dashed white lines indicate the variability at the precession, obliquity and eccentricity periods. The three statistical analyses indicate significant variability at the 100 and 41 kyr periods but not significant power for the 400 kyr and 23 kyr (precession) periods.

Extended Data Figure 6: SST proxies reconstruction for core MD96-2048 over the last 2.14 Ma. a) Reconstruction of SST using two different methods: Mg/Ca reconstruction based on Caley et al.¹⁵ data and new data. Mg/Ca ratios were converted into temperature values applying the equation established by Anand et al.⁴⁰. Foraminifera transfer function reconstruction using the modern analogue technique. Error bars represent the error on the calibrations⁴⁰ (Extended data Fig. 7). b) Empirical Orthogonal Function (EOF) analysis⁴⁷ on the two SST records over the last 2.14 Ma. The Principal Component (PC1) contains 74 % of the total variance over the last 2.14 Ma. Correlation between SST proxies and PC1 over the last 2.14 Ma is $R = 0.71$.

Extended Data Figure 7: Foraminifera transfer function used for core MD96-2048. a) Location of the modern database composed of 367 core tops from the south Indian Ocean⁴⁵ with present day SST from WOA 2009²⁹. b) Test for the modern database composed of 367 core tops from the south Indian Ocean⁴⁵ yielding to a precision of 0.8°C for the annual SST reconstructions. Modern hydrological parameters were obtained from the WOA (1998) database using the tool developed by Schäfer-Neth in the MARGO project (<http://www.geo.uni-bremen.de/geomod/Sonst/Staff/csn/woasample.html>).

Extended Data Table 1: Fossil finds, their location, and the associated ages. We consider the ages in bold as the best estimate. The different dating methods did not yield any agreement regarding the age of Kromdraai B and Sterkfontein Member 5 “Oldowan Infill”. Therefore, no estimate are highlighted in bold and the stratigraphic ranges are not showed in Fig. 3. We favor U-Pb dates and cosmogenic burial of quartz dates rather than biochronology or ESR (although dates are generally not inconsistent with the other methods)¹⁴⁵. **P. robustus* fossils were not found at GD1 and GD2 but nearby ex situ. Given the close age between GD1

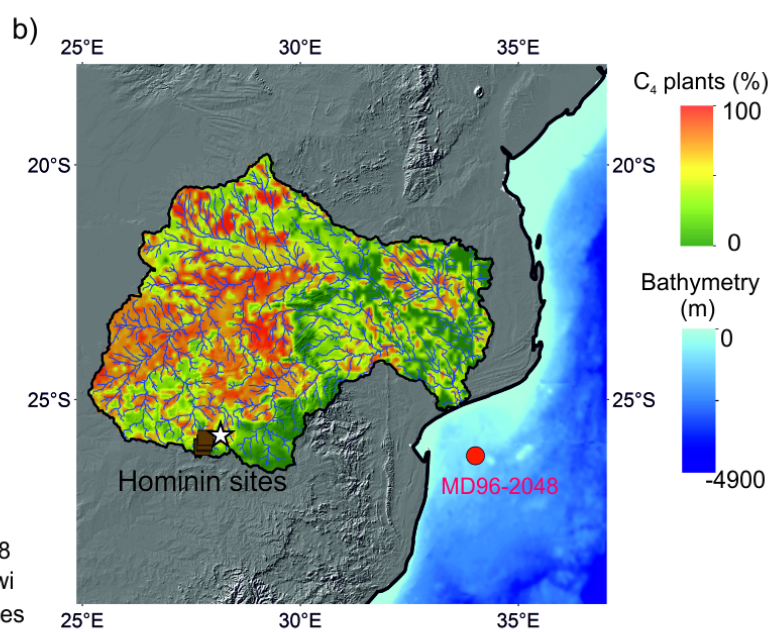
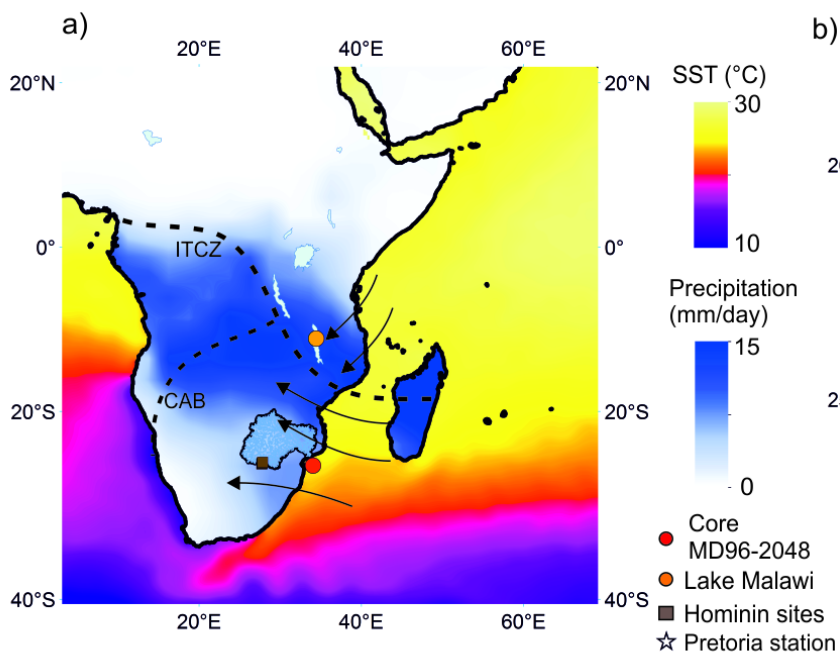
1339 and GD2 and the limited extent of outcrops, it was suggested that the ex situ hominin
1340 specimens from Gondolin should be dated around 1.78 Ma.

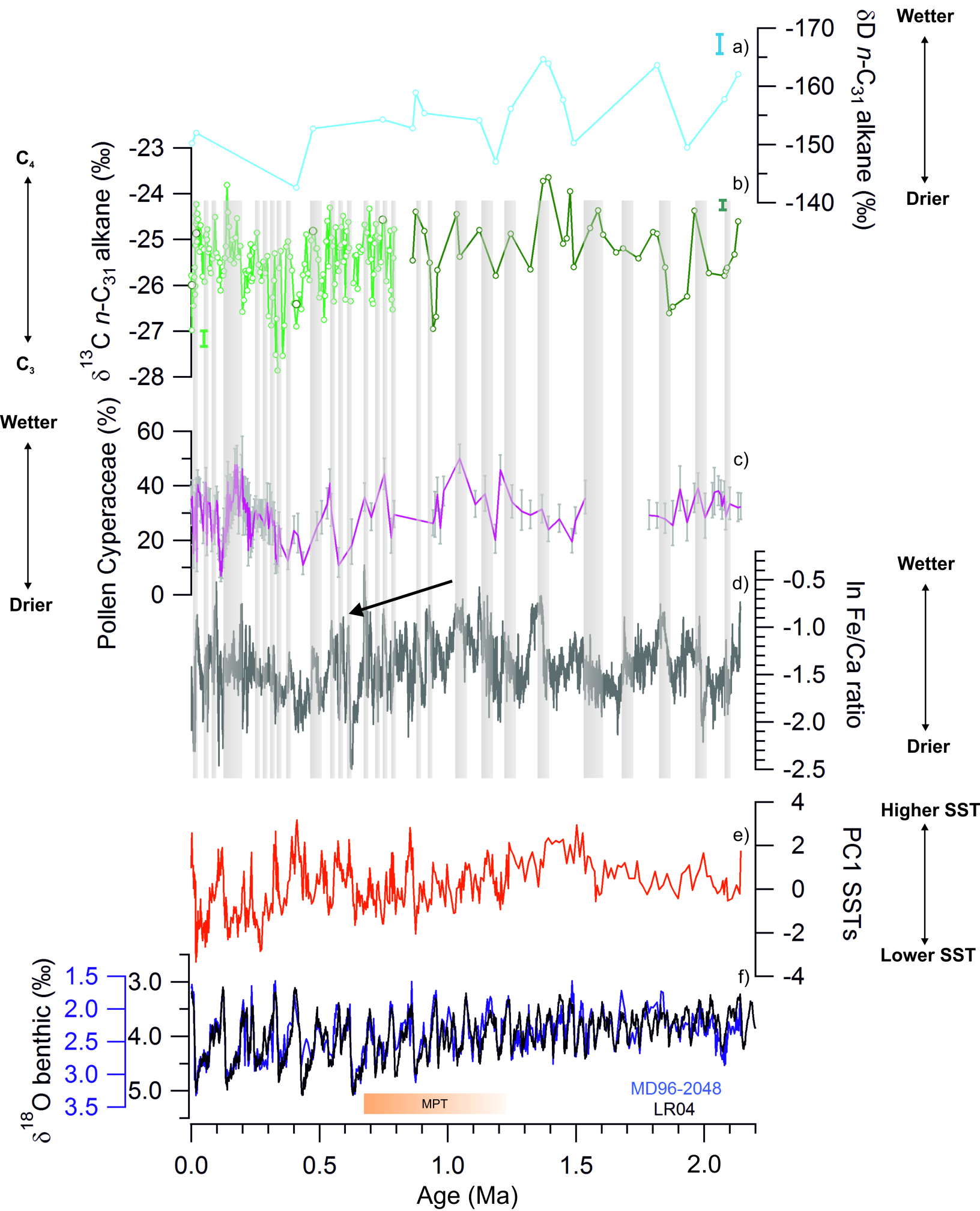
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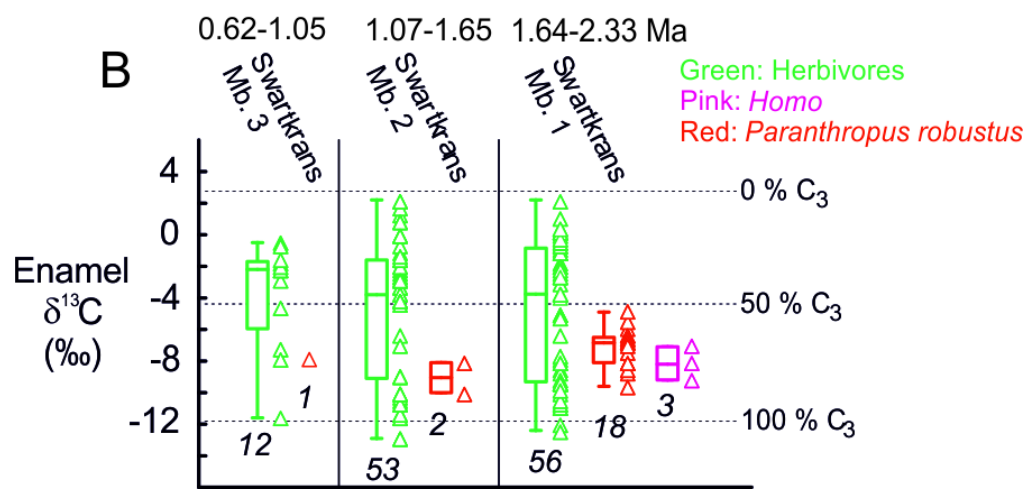
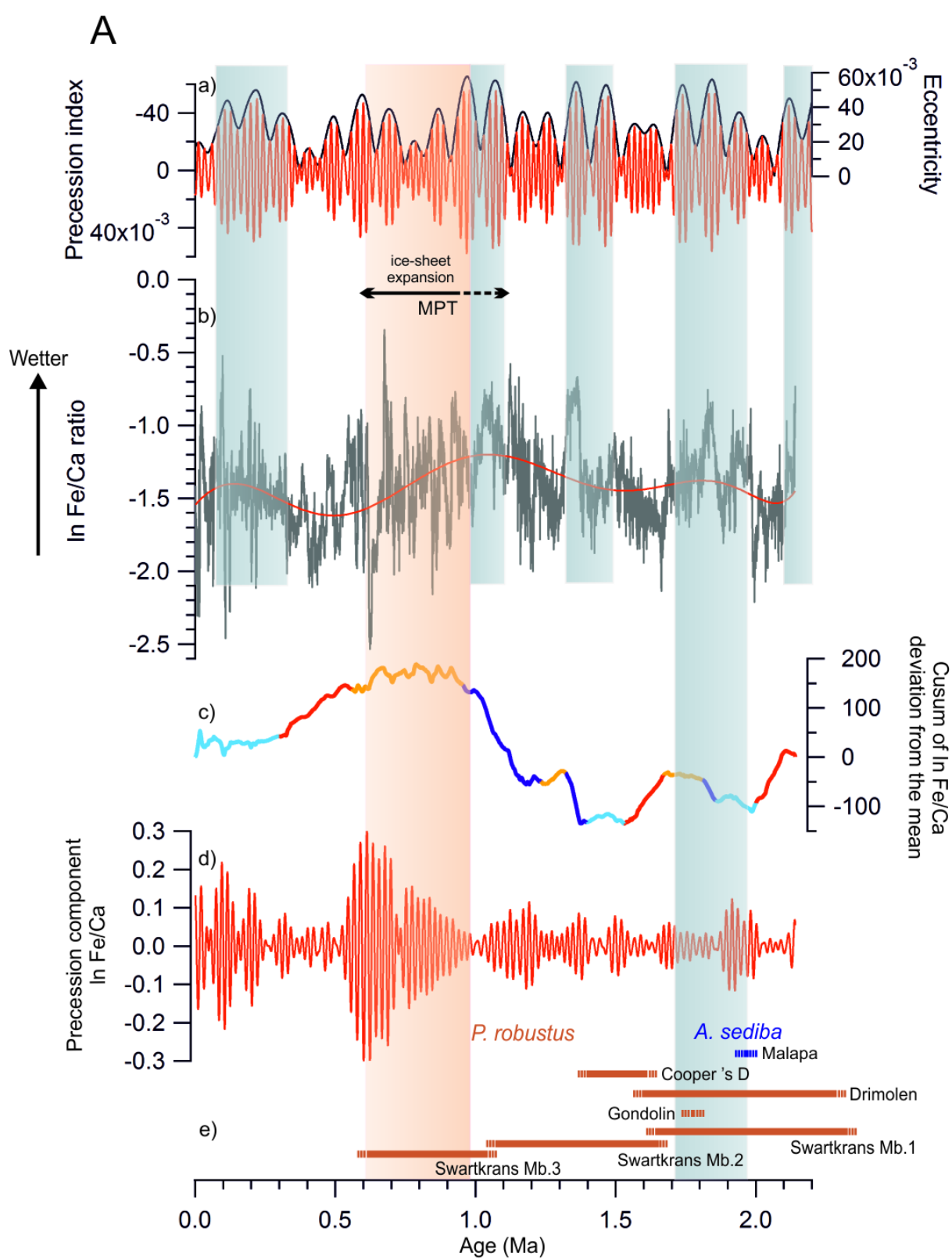
1342 **Extended Data Table 2: $\delta^{13}\text{C}$ enamel of hominin and contemporaneous herbivores and**
1343 **associated statistical parameters for different sites in the Limpopo catchment.**

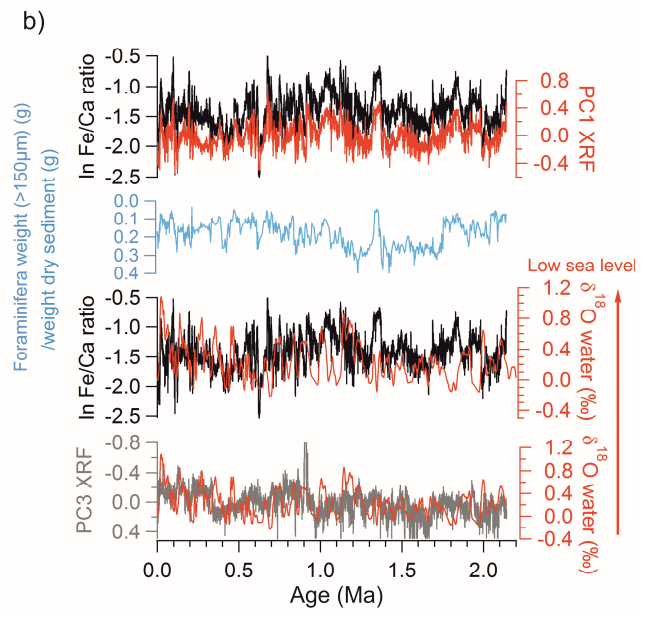
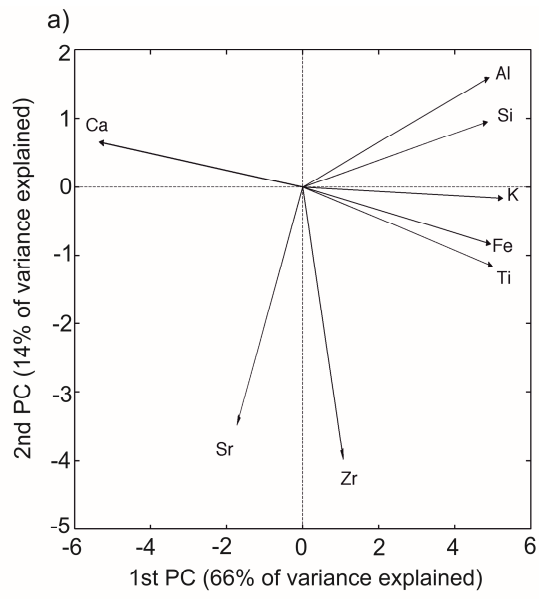
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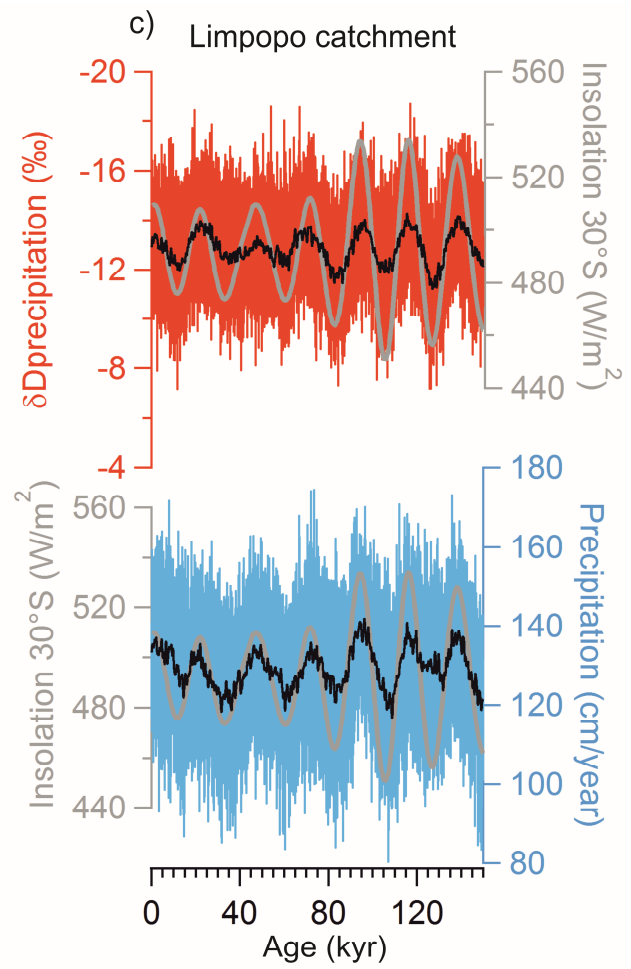
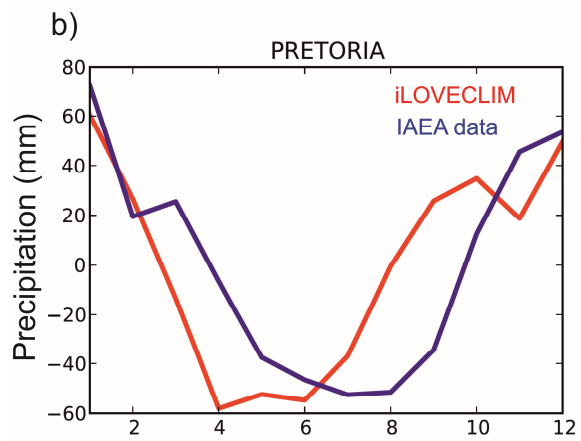
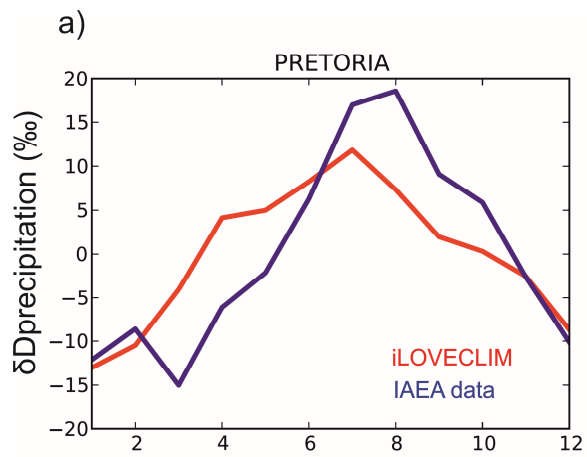
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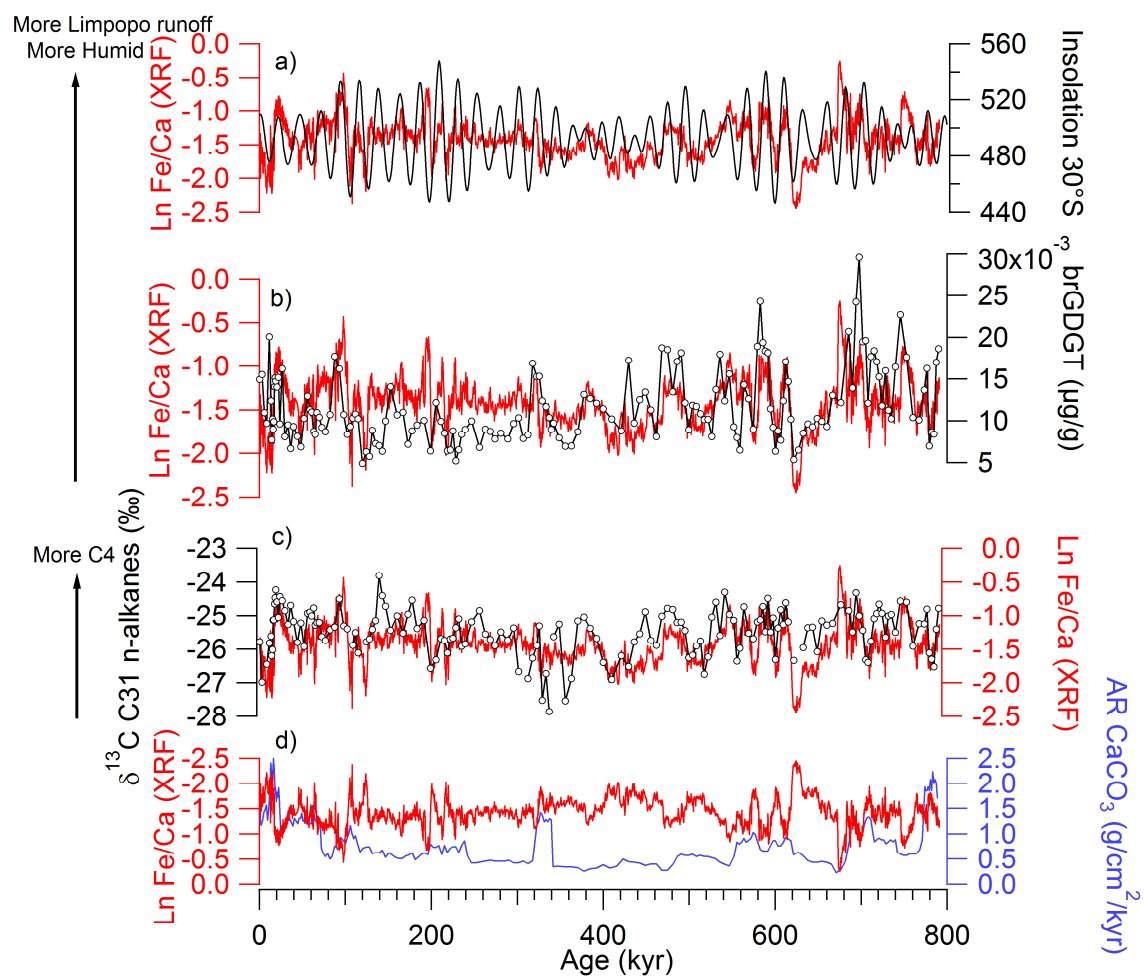


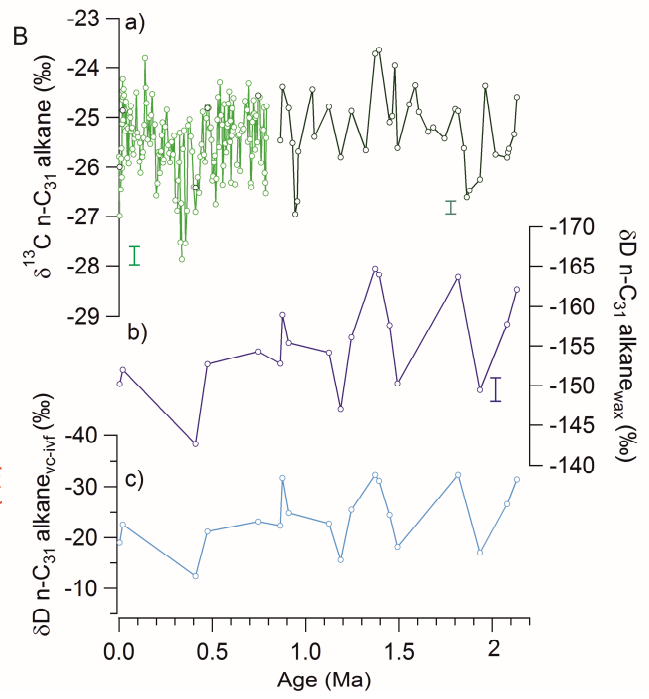
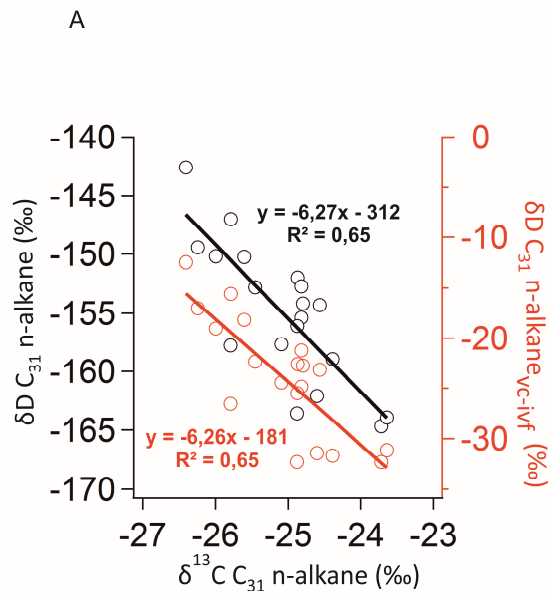


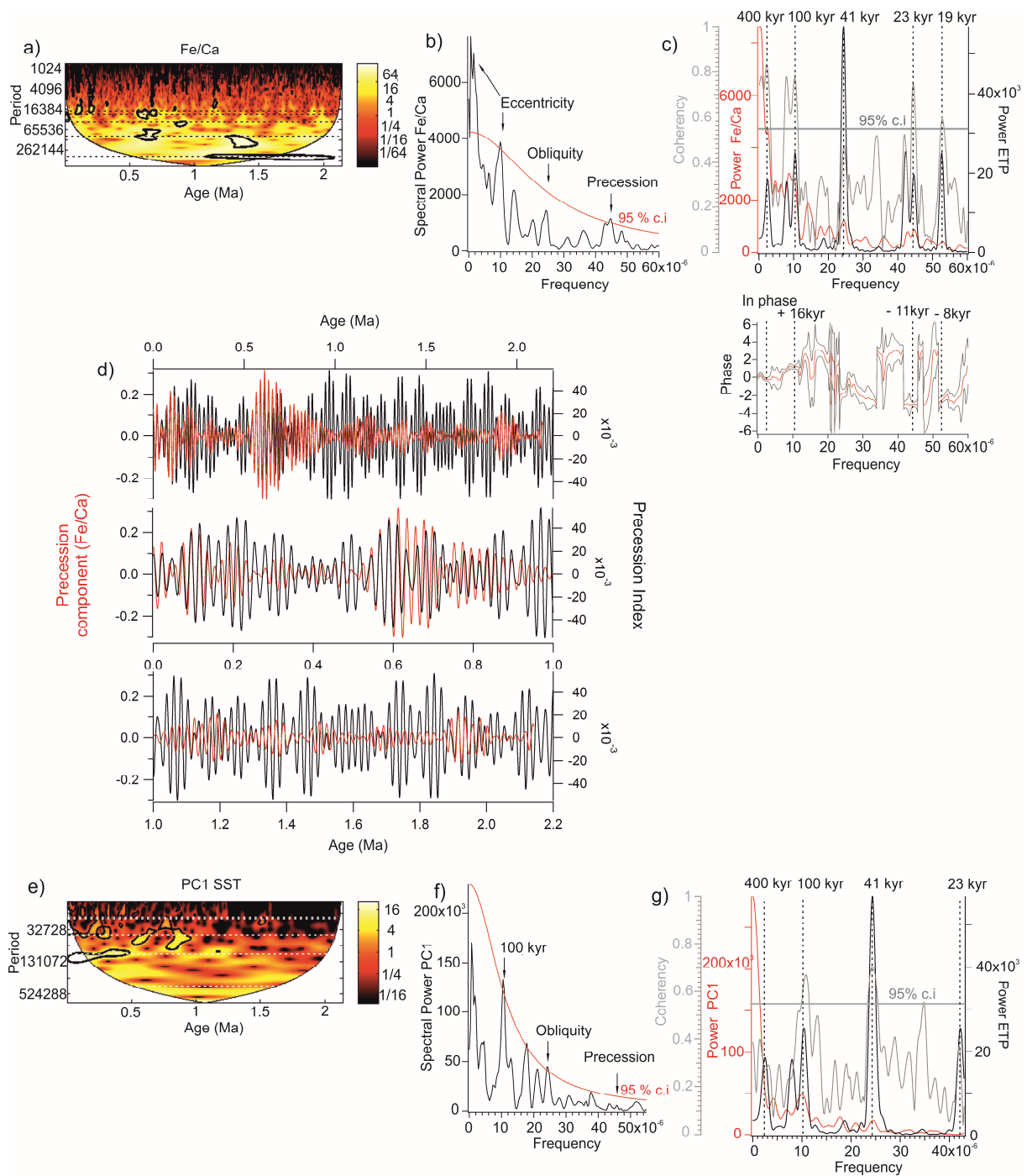


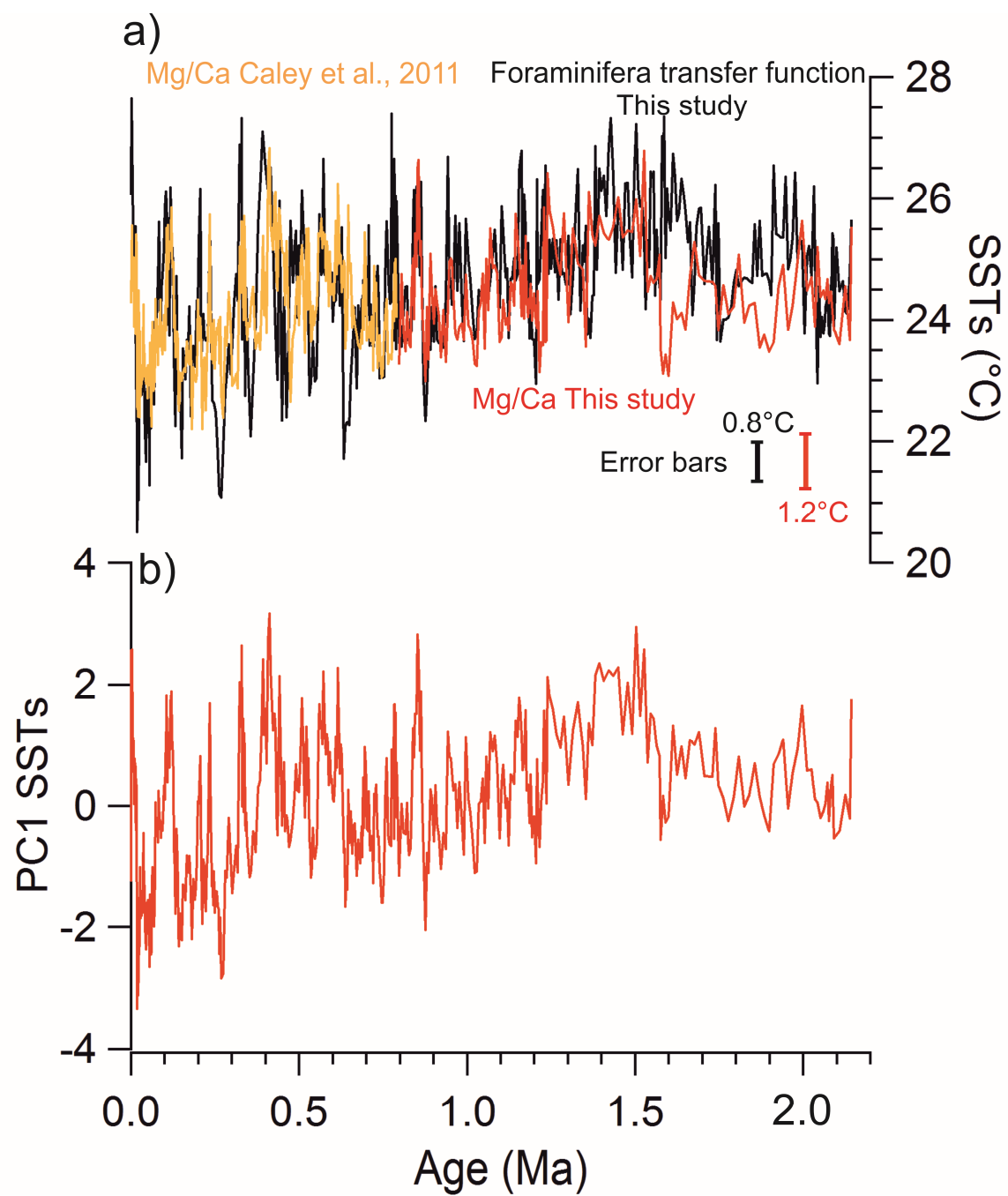


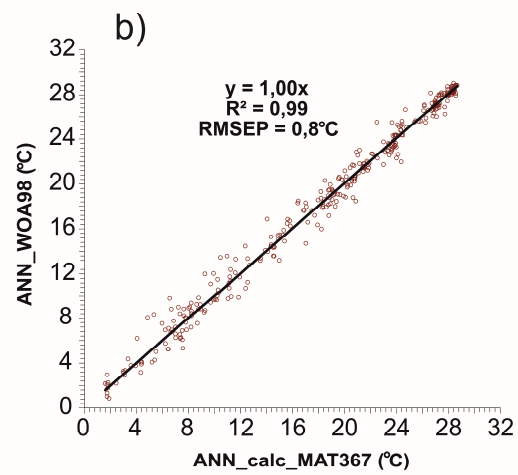
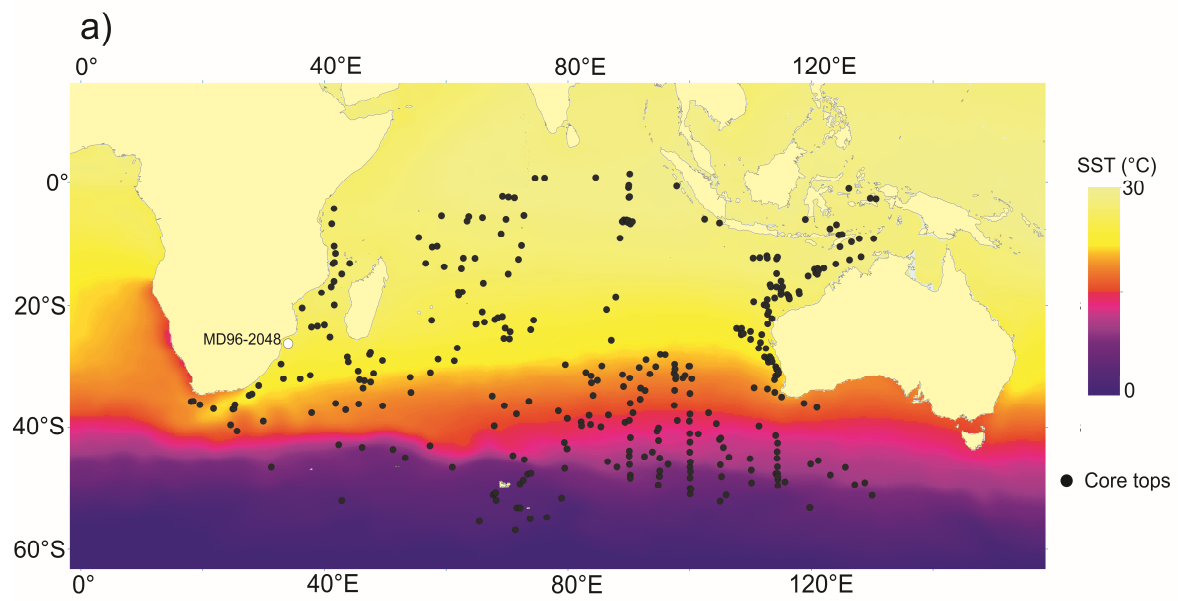












Site/area	Taxon	Stratigraphic unit	Methods	References	Estimated age of fossils
Malapa	<i>Australopithecus sediba</i>		Biochronology U-Pb dating of flowstones: basal flowstone 1 at 2.026 ± 0.021 Ma; capping flowstone 2 at 2.048 ± 0.140 Ma Paleomagnetism : reversed polarity of flowstone 2, normal polarity of fossiliferous sediments Synthesis of flowstone dating and paleomagnetism, 1.977 ± 0.002 Ma	Dirks et al. (137) Pickering et al. (138) Pickering et al. (138) Pickering et al. (138)	From 1.95 Ma to 1.78 Ma From 2.188 Ma to 1.908 Ma Older than 1.95 Ma From 1.979 to 1.975 Ma
Cooper's D	<i>Paranthropus robustus</i>		Biochronology U-Pb dating of flowstones: basal flowstone CDD1 at 1.526 ± 0.088 Ma; younger flowstone CDD3, intercalated within fossiliferous sequence, at ca. 1.4 Ma (unprecise dating from 1.617 Ma to 1.413 Ma)	Berger et al. (139) de Ruiter et al. (140)	From 1.9 Ma to 1.6 Ma From 1.615 Ma to ca. 1.4 Ma (upper facies A and C) and younger than 1.4 Ma (lower facies A and C)
Drimolen	<i>P. robustus</i>	Main Quarry Site	Biochronology Biochronology	Keyser et al. (141) Adams et al. (142)	From 2.0 Ma to 1.5 Ma From 2.3 Ma to 1.6 Ma
Kromdraai B	<i>P. robustus</i>		Paleomagnetism of flowstone above Mb. 3, reverse polarity, older than normal Olduvai event (between 1.95 Ma and 1.78 Ma) Alternative interpretation of paleomagnetic data from Thackeray et al. (2002) Biochronology (including hominins) and paleomagnetism	Thackeray et al. (143) Herries et al. (144); Herries & Adams (145) Braga et al. (146)	Older than 1.95 Ma From 1.78 Ma to 1.65 Ma Older than 2.18 Ma
Gondolin	<i>P. robustus</i>	GD2*	Biochronology and paleomagnetism (Olduvai normal polarity event of fossiliferous sediments)	Herries et al. (147)	Slightly older than 1.78 Ma
	<i>P. robustus</i>	GD1*	Biochronology and paleomagnetism (end of Olduvai normal polarity event in basal flowstone)	Adams et al. (148)	Slightly younger than 1.78 Ma
Sterkfontein	<i>P. robustus</i>	Mb. 5B "Oldowan infill"	Biochronology and lithic typology ESR on bovid teeth (seven dates): 1.328 ± 0.087 Ma; 1.315 ± 0.295 Ma; 1.185 ± 0.96 Ma; 1.265 ± 0.125 Ma; 1.620 ± 0.626 Ma; 0.965 ± 0.147 Ma; 1.24 ± 0.28 Ma; weighed mean = 1.32 ± 0.08 Ma Synthesis of ESR, U-Pb dating, paleomagnetism	Kuman & Clarke (106) Curnoe (149) reinterpreted in Herries & Shaw (150) Herries & Shaws (150)	From 2.0 Ma to 1.7 Ma From 1.40 Ma to 1.24 Ma From ca. 1.4 Ma to 1.2 Ma
		Mb. 5B "Oldowan infill"	ESR on teeth from 0.965 ± 0.147 Ma to 1.328 ± 0.087 Ma ; weighted mean LU-ESR (excluding one tooth with large internal errors) = 1.223 ± 0.155 Ma	Curnoe (149) reinterpreted in Herries et al. (144)	from 1.415 Ma to 1.241 Ma (maximal); 1.112 Ma to 0.818 Ma (minimal); from 1.378 Ma to 1.223 (weighed mean)
		Mb. 5B "Oldowan infill"	Cosmogenic burial ($^{26}\text{Al}/^{10}\text{Be}$) dating of a quartz manuport 2.18 ± 0.21 Ma	Granger et al. (151)	From 2.39 Ma to 1.97 Ma
		Mb. 5B "Oldowan infill"	Synthesis of paleomagnetism, U-Pb dating, and ESR	Herries & Adams (145)	From 1.8 Ma to 1.5 Ma
		Mb. 5B "Oldowan infill"	Synthesis of biochronology and ESR	Herries et al. (144)	From 1.38 Ma to 1.07 Ma
Swartkrans	<i>P. robustus</i>	Mb. 1	Cosmogenic burial ($^{26}\text{Al}/^{10}\text{Be}$) dating on quartz 2.19 ± 0.08 Ma	Gibbon et al. (152)	From 2.27 Ma to 2.11 Ma
		Mb. 1	Cosmogenic burial ($^{26}\text{Al}/^{10}\text{Be}$) dating on quartz 1.80 ± 0.09 Ma	Gibbon et al. (152)	From 1.89 Ma to 1.71 Ma
		Mb. 1 Hanging Remnant	Synthesis of U-Pb dating and ESR	Herries & Adams (145)	From 2.0 Ma to 1.8 Ma
		Mb. 1 Hanging Remnant	ESR 2.02 ± 0.36 Ma; 2.07 ± 0.37 Ma; 1.68 ± 0.28 Ma; weighed mean = 1.96 Ma-1.70 Ma	Curnoe et al. (153) reinterpreted in Herries & Adams (145)	From 1.96 Ma to 1.70 Ma
		Mb. 1 Hanging Remnant	ESR LU 1.39 ± 0.18 Ma	Herries et al. (144)	From 1.57 Ma to 1.21 Ma
		Mb. 1 Hanging Remnant	ESR LU 1.92 ± 0.34 Ma	Herries et al. (144)	From 2.26 Ma to 1.58 Ma
		Mb. 1 Hanging Remnant	ESR LU 1.21 ± 0.22 Ma	Herries et al. (144)	From 1.43 Ma to 0.99 Ma
		Mb. 1 Lower Bank	U-Pb dating	Pickering et al. (154)	From 2.3 to 1.6 Ma
		Mb. 1	U-Pb dating on tooth 1.83 ± 1.38 Ma	Balter et al. (155) Vrba (156, 157); Churcher & Watson (158)	From 3.21 to 0.45 Ma ca. 1.7 Ma
		Mb. 1	Biochronology		
		Mb. 1	U-Pb dating of basal flowstone 2.249 ± 0.077 Ma; top flowstone 1.706 ± 0.069 Ma ; closer to 2.0 Ma-1.8 Ma	Pickering et al. (154)	Maximal range from 2.326 Ma to 1.637 Ma; minimal range from 2.172 Ma to 1.775 Ma
Swartkrans	<i>P. robustus</i>	Mb. 2	U-Pb dating on tooth 1.36 ± 0.29 Ma	Balter et al. (155) Vrba (156, 157); Churcher & Watson (158)	From 1.65 Ma to 1.07 Ma ca. 1.5 Ma
		Mb. 2	Biochronology		
		Mb. 2	Relative position to Mb. 1 dated by U-Pb	Pickering et al. (154)	Younger than ca. 1.7 Ma
Swartkrans	<i>P. robustus</i>	Mb. 3	Synthesis of U-Pb and ESR dating	Herries & Adams (145)	From 1.3 Ma to 0.6 Ma
		Mb. 3	Cosmogenic burial on quartz 0.96 ± 0.09 Ma	Gibbon et al. (152)	From 1.05 Ma to 0.87 Ma
		Mb. 3	ESR 0.65 ± 0.15 Ma	Cited in Herries and Adams (145)	From 0.8 Ma to 0.5 Ma
		Mb. 3	ESR 1.25 ± 0.09 Ma	Cited in Herries and Adams (145)	From 1.34 Ma to 1.16 Ma
		Mb. 3	U-Pb dating on tooth 0.83 ± 0.21 Ma	Balter et al. (155) Vrba (156, 157); Churcher & Watson (158)	From 1.04 Ma to 0.62 Ma ca. 1.0 Ma
		Mb. 3	Biochronology		
		Mb. 3	ESR LU on two bovid teeth (four dates): 0.71 ± 0.90 Ma and 0.80 ± 0.15 Ma; 0.65 ± 0.15 Ma and 0.70 ± 0.11 Ma; mean = 0.72 ± 0.13 Ma	Blackwell (159)	From 0.85 Ma to 0.59 Ma
		Mb. 3	Synthesis of biochronology and U-Pb	Herries et al. (144)	From 1.04 Ma to 0.62 Ma

Group	$\delta^{13}\text{C}$ (‰)			mode(s) (2 ‰ interval)	SD	min	max	range	References
	n	mean	median						
Cooper' D herbivores	45	-5,0	-4,7	int. 1: -12 to -10 ‰ ; int. 2: -2 to 0 ‰	3,9	-11,5	2,5	14,0	Steininger (101)
Gondolin GD2 herbivores	21	-2,9	1,0	int. 1: -10 to -8 ‰ ; int. 2: 0 to 2 ‰	5,3	-11,1	3,5	14,6	Adams (102)
Swartkrans Mb. 1 herbivores	56	-4,8	-3,8	int. 1: -10 to -8 ‰ ; int. 2: -4 to 0 ‰	4,2	-12,4	2,2	14,6	Lee-Thorp et al. (99); Sponheimer et al. (83); Steininger (160)
Swartkrans Mb. 1 <i>Paranthropus</i>	18	-7,2	-6,9	int.: -8 to -6 ‰	1,2	-9,6	-4,9	4,7	Lee-Thorp et al. (99); Sponheimer et al. (84, 83)
Swartkrans Mb. 1 <i>Homo</i>	3	-8,2	-8,2	int.: -10 to -8 ‰	0,9	-9,2	-7,1	2,1	Lee-Thorp et al. (100)
Swartkrans Mb. 2 herbivores	53	-4,8	-3,8	int. 1: -12 to -10 ‰ ; int. 2: -4 to -2 ‰	4,4	-12,9	2,2	15,1	Lee-Thorp et al. (99, 100); Steininger (160)
Swartkrans Mb. 2 <i>Paranthropus</i>	2	-9,1	-9,1			-10,0	-8,1	1,9	Lee-Thorp et al. (99)
Swartkrans Mb. 3 herbivores	12	-3,8	-2,2	int.: -4 to 0 ‰	3,3	-11,6	-0,5	11,1	Steininger (160)
Swartkrans Mb. 3 <i>Paranthropus</i>	1	-7,9	-7,9			-7,9	-7,9		Lee-Thorp et al. (99)